

**BEAUTY OF FORM
AND GRACE
OF VESTURE**

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Beauty of form and grace of vesture by Frances Mary Steele & Elizabeth Livingston Steele
Adams

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FRANCES MARY STEELE & ELIZABETH LIVINGSTON STEELE ADAMS

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AND
ELIZABETH LIVINGSTON STEELE ADAMS



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1892

PREFACE.



WE have chosen to win, if possible, pilgrims into the right way by offering ideals, the successful imitation of which necessarily includes health. The evils of conventional dress, the bad conditions it induces, the diseases it entails, the abnormal growths it causes, the horrors of surgery and dyspepsia, — these have been ably and persistently presented by scientific medical practitioners and benevolent reformers.

A small part of the material following, has been already published in "Harper's Bazaar."

Many illustrations from different sources have been inserted, with the general purpose of educating the eye to the rhythm of beautiful lines and forms.

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