

**HEALTH. FIVE LAY  
SERMONS TO  
WORKING PEOPLE**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649420995

Health. Five Lay Sermons to Working People by John Brown

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.  
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

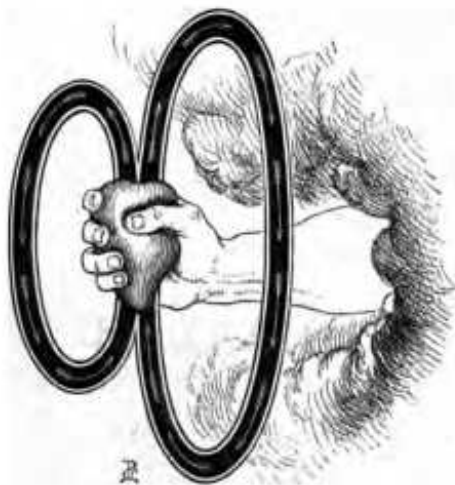
[www.triestepublishing.com](http://www.triestepublishing.com)

**JOHN BROWN**

**HEALTH. FIVE LAY  
SERMONS TO  
WORKING PEOPLE**



## HEALTH.



He is not far from every one of us. For in Him we live and move,  
not less, than in Him we have our being.

—— ‘ Out of darkness comes the hand  
Reaching through nature—moulding man.’

# H E A L T H

FIVE LAY SERMONS TO WORKING  
PEOPLE

BY JOHN BROWN M.D.

AUTHOR OF 'RAE AND HIS FRIENDS' ETC.

EDINBURGH ALEXANDER STRAHAN & CO.

LONDON HAMILTON ADAMS & CO.

1862.

~~150. c. 45~~

151. c. 290.



EDINBURGH : T. CONSTABLE,  
PRINTER TO THE QUEEN, AND TO THE UNIVERSITY.



*Affectionately inscribed to the memory of the REV. JAMES  
TRENCH, the heart and soul of the Canongate Mission,  
who, while he preached a pure and a fervent gospel to its  
hearers, taught them also and therefore to respect and save  
their health, and was the Originator and Keeper of their  
Library and Penny Bank, as well as their Minister.*



## CONTENTS.

	PAGE
PREFACE, . . . . .	vii
SERMON I.	
THE DOCTOR—OUR DUTIES TO HIM, . . . . .	13
SERMON II.	
HIS DUTIES TO US, . . . . .	26
SERMON III.	
CHILDREN, AND HOW TO GUIDE THEM, . . . . .	37
SERMON IV.	
HEALTH, . . . . .	52
SERMON V.	
MEDICAL ODDS AND ENDS, . . . . .	67