

# **MIND AND WORK**

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Mind and Work by Luther H. Gulick

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**LUTHER H. GULICK**

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AND WORK**



## MIND AND WORK

# Mind and Work

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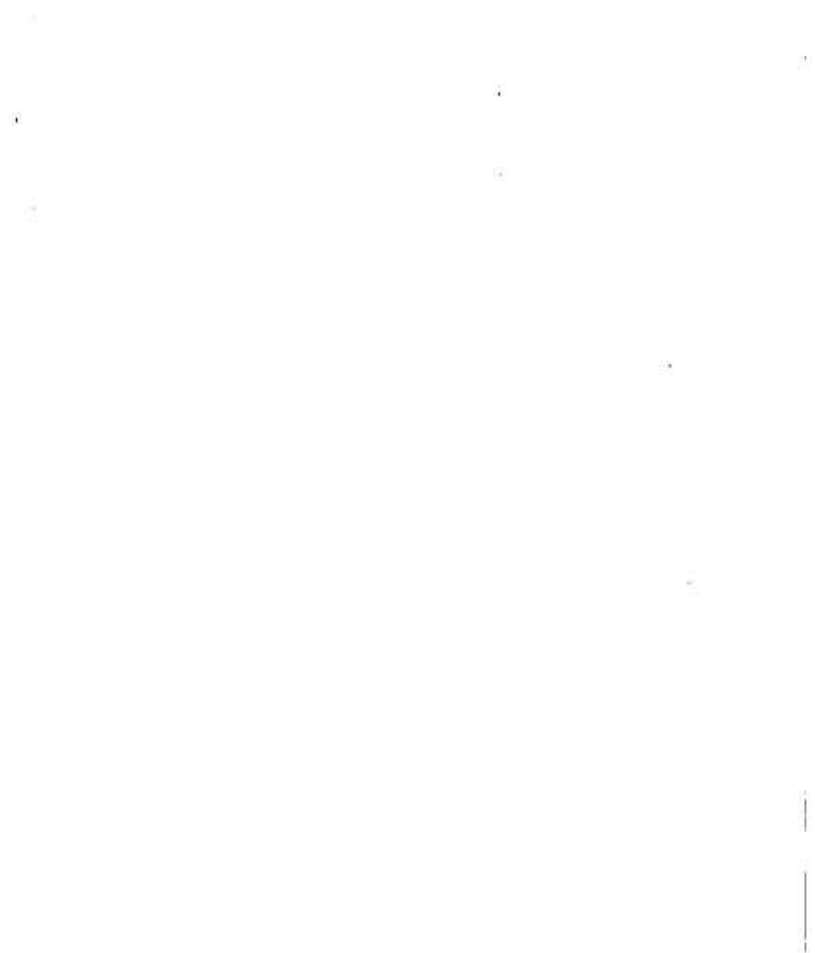
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TO THOSE WHO WOULD COMPEL, RATHER THAN BE  
COMPELLED, BY CIRCUMSTANCE ;

WHO WOULD DRIVE, RATHER THAN BE DRIVEN,  
BY THEIR FEELINGS ;

WHO WOULD BE MASTERS OF THEMSELVES AND SO  
OF FATE





## P R E F A C E

It is not by accident that this volume is addressed mainly to a consideration of the feelings. Our hopes, fears, ambitions, loves, and likes are the controlling factors of our lives. The purely mental, logical, or reasoning function is chiefly the servant of our desires and fears.

The success that I am really talking about is primarily internal. It may, and I believe usually does, secure external success, but the real thing is inside. It consists of real self-control, the ability to see and live in what is true. It results in health, sanity, wholesomeness, friendliness, usefulness, happiness.

These chapters have nearly all of them had their beginning as informal talks given on various occasions. Subsequently they were given as one part of a lecture course in the School of Pedagogy of New York University, where they were stenographically reported. I am indebted to the editors of *The World's Work*, *The Ladies' Home*

Journal, The Outlook, and Good House-keeping for permission to reprint articles which appeared in their journals. After another revision and carpentering to fit each other, they are as they appear here. To the friend who aided in the revision, I am indebted as I was in the preparation of "The Efficient Life," Harry James Smith.

LUTHER H. GULICK