CHRONIC SORE THROAT, OR FOLLICULAR DISEASE OF THE PHARYNX: ITS LOCAL AND CONSTITUTIONAL TREATMENT. WITH A SPECIAL CHAPTER ON HYGIENE OF THE VOICE

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OR

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WITH A SPECIAL CHAPTER ON

Hygiene of the Voice.

BY

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PREFACE.

IN presenting the Second Edition of this work to the public, I feel that a slight apology is due.

I have altered the title of my work; and I have taken out a whole chapter.

But my reasons for this procedure are as follows: I considered that the former title, "Clergyman's Sore Throat," was too exclusive. The kind of Sore Throat from which Clergymen are liable to suffer is, after all, the physiological inheritance of numbers of the laity. Therefore I gave my book a fresh title.

The chapter on Elocution I have taken out, because better chapters on this subject have been written and delivered in public by others, notably by Mr. C. J. Plumptre and the Rev. C. A. D'Orsey, in their lectures on Elocution, delivered at King's College. The former has published a most interesting volume on the subject,* and I would advise all those interested in the Reader's Art to study the "King's College

*"King's College Lectures on Elocution," by Charles J. Plumptre. T. J. Allman, 463, Oxford Street, London.

Lectures." They will profit greatly by so doing. Although I have taken out a chapter, yet I have added fresh matter which I trust will be the literary equivalent of all that has been removed. My aim has been to give my work as practical a character as possible, and I have written more for the laity than for the medical profession. This will, I trust, be evident by the importance which I have attached to the health management of the Voice.

ACACIA VILLAS,
97, UPPER RICHMOND ROAD,
PUTNEY, S.W.

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CHRONIC SORE THROAT.

WHEN a patient seeks medical advice he is generally asked to put out his tongue. This little organ is looked upon as an unfailing index of the patient's state of health. But it is by no means infallible, for some tongues are never clean, those of great smokers being usually foul, and when there is decay of the teeth going on, neither is the tongue clean nor the breath sweet, and *vice versâ*, some patients are very rarely troubled with a furred tongue. The nervous patient belongs to this class.

But how rarely is a patient asked to reveal the recesses of his throat for medical inspection. The truth is that a certain amount of easy routine belongs to tongue seeing and pulse feeling, but it requires an effort on the part of the patient to open his mouth wide, and an effort is also required, by no means superhuman, on the part of the medical man to look clearly down the mysterious passage of the pharynx. A child will often cry when he sees the wrong end of a dessert spoon