

**CHRONIC SORE THROAT, OR
FOLLICULAR DISEASE OF THE PHARYNX:
ITS LOCAL AND CONSTITUTIONAL
TREATMENT. WITH A SPECIAL CHAPTER
ON HYGIENE OF THE VOICE**

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Chronic Sore Throat, or Follicular Disease of the Pharynx: Its Local and Constitutional Treatment. With a Special Chapter on Hygiene of the Voice by E. B. Shulldham

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E. B. SHULDHAM

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Chronic Sore Throat,

OR

FOLLICULAR DISEASE OF THE PHARYNX :

ITS LOCAL AND CONSTITUTIONAL TREATMENT.

WITH A SPECIAL CHAPTER ON

Hygiene of the Voice.

BY

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PREFACE.

IN presenting the Second Edition of this work to the public, I feel that a slight apology is due.

I have altered the title of my work; and I have taken out a whole chapter.

But my reasons for this procedure are as follows: I considered that the former title, "Clergyman's Sore Throat," was too exclusive. The kind of Sore Throat from which Clergymen are liable to suffer is, after all, the physiological inheritance of numbers of the laity. Therefore I gave my book a fresh title.

The chapter on Elocution I have taken out, because better chapters on this subject have been written and delivered in public by others, notably by Mr. C. J. Plumptre and the Rev. C. A. D'Orsey, in their lectures on Elocution, delivered at King's College. The former has published a most interesting volume on the subject,* and I would advise all those interested in the Reader's Art to study the "King's College

*"King's College Lectures on Elocution," by Charles J. Plumptre. T. J. Allman, 463, Oxford Street, London.

Lectures." They will profit greatly by so doing. Although I have taken out a chapter, yet I have added fresh matter which I trust will be the literary equivalent of all that has been removed. My aim has been to give my work as practical a character as possible, and I have written more for the laity than for the medical profession. This will, I trust, be evident by the importance which I have attached to the health management of the Voice.

ACACIA VILLAS.

97, UPPER RICHMOND ROAD,
PUTNEY, S.W.

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1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes that proper record-keeping is essential for transparency and accountability, particularly in the context of public administration and financial management. The text notes that without reliable records, it is difficult to track expenditures, assess performance, and ensure that resources are used efficiently and effectively.

2. The second part of the document addresses the challenges associated with data collection and analysis. It highlights that gathering accurate and timely data can be a complex task, often requiring significant resources and expertise. The text suggests that organizations should invest in training and technology to improve their data management capabilities. Additionally, it stresses the importance of ensuring the integrity and security of the data collected, as well as the need for clear protocols for data handling and sharing.

3. The third part of the document focuses on the role of technology in modernizing operations. It discusses how digital tools and platforms can streamline processes, reduce errors, and enhance communication. The text mentions that cloud-based solutions and data analytics can provide valuable insights into organizational performance and help identify areas for improvement. However, it also notes that the implementation of new technologies must be carefully managed to avoid disruptions and ensure that staff are adequately trained to use the new systems.

4. The fourth part of the document discusses the importance of collaboration and communication. It states that successful outcomes often depend on the ability of different teams and departments to work together effectively. The text suggests that regular communication and the sharing of information are crucial for identifying potential issues early on and finding collaborative solutions. It also emphasizes the need for clear roles and responsibilities to be defined and communicated to all team members.

5. The fifth and final part of the document provides a summary of the key points discussed and offers some concluding thoughts. It reiterates that a combination of strong record-keeping, effective data management, the use of technology, and a focus on collaboration are essential for achieving organizational goals. The text concludes by encouraging organizations to continue to evaluate and improve their processes and systems to stay competitive and responsive to changing circumstances.

CHRONIC SORE THROAT.

WHEN a patient seeks medical advice he is generally asked to put out his tongue. This little organ is looked upon as an unfailing index of the patient's state of health. But it is by no means infallible, for some tongues are never clean, those of great smokers being usually foul, and when there is decay of the teeth going on, neither is the tongue clean nor the breath sweet, and *vice versa*, some patients are very rarely troubled with a furred tongue. The nervous patient belongs to this class.

But how rarely is a patient asked to reveal the recesses of his throat for medical inspection. The truth is that a certain amount of easy routine belongs to tongue seeing and pulse feeling, but it requires an effort on the part of the patient to open his mouth wide, and an effort is also required, by no means superhuman, on the part of the medical man to look clearly down the mysterious passage of the pharynx. A child will often cry when he sees the wrong end of a dessert spoon