FATIGUE STUDY: THE ELIMINATION OF HUMANITY'S GREATEST UNNECESSARY WASTE, A FIRST STEP IN MOTION STUDY

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649581962

Fatigue Study: The Elimination of Humanity's Greatest Unnecessary Waste, a First Step in Motion Study by Frank B. Gilbreth & Lillian M. Gilbreth

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FRANK B. GILBRETH & LILLIAN M. GILBRETH

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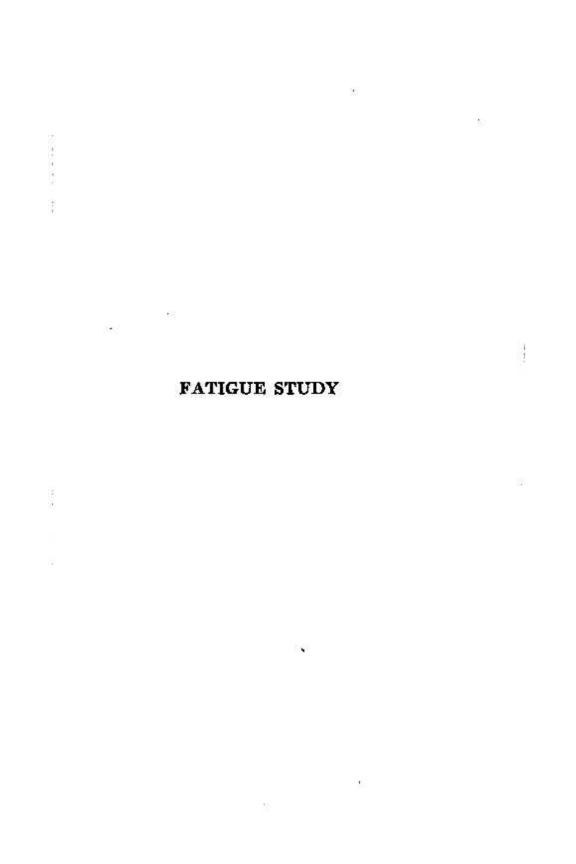




Fig. 1

This is a picture of the pin pian we use, which shows the city as divided into districts, and which shows the collectors and contributors, as marked by different coloured plus.

FATIGUE STUDY

The Elimination of Humanity's Greatest Unnecessary Waste

A FIRST STEP IN MOTION STUDY

BY

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AND

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Set up and electrotyped. Published February, 1915.

YHARBLI GROTHAT?

PREFACE

In the final analysis, that organization is best that has the best quality of workers. No organization can continue to be of first quality whose workers are over-fatigued. Other things being equal, that country will be most happy and most successful whose workers have the least unnecessary fatigue.

Aside from the pleasure one may obtain from it, it is the duty of every one to eliminate the causes of unnecessary fatigue, and to promote the dissemination of knowledge of how to recover most quickly from unnecessary and necessary fatigue.

Fatigue study rests on scientific investigation that requires the special training of an expert, and laboratory methods and equipment; but there are elementary methods of studying and eliminating fatigue that are not only so simple that any one can understand and apply them, but that are also a definite stage in the preparation of the fatigue study expert.

PREFACE

It is the aim of this book to outline both these preliminary methods and the scientific methods of fatigue elimination and to put the available material for fatigue study into such shape that any one interested may make immediate, definite, and profitable use of it.

CONTENTS

CHAPTER I

| A | DESCRIP | TION | AND | GENE | RAL O | UTI | LINE | OF |
|---|---------|------|-----|------|-------|-----|------|----|
| | FATIGUE | STUD | Y: | WHAT | MUST | BE | DON | 0 |

| PATIGUE STUDI; WHAT MUST BE DO | | | |
|--|-------------|-----|-----|
| | | | TOT |
| FATIGUE STUDY AND WASTE | : · | | 3 |
| WHAT FATIGUE IS | 86 | | 4 |
| WHAT FATIGUE STUDY IS | 20 4 | | 7 |
| THE FINED OF THIS BOOK | | | 7 |
| THE RELATION OF FATIGUE STUDY TO MEASURED I | U | 10- | |
| TIONAL MANAGEMENT | | | 9 |
| RELATION OF FATIGUE STUDY TO MOTION STUDY . | | | 11 |
| THE CLASSES OF FATIGUE | | | 13 |
| THE PROBLEMS OF FATIGUE STUDY | | | 14 |
| THE METHODS OF FATIGUE STUDY | | | 14 |
| EMPHASIS IN FATIGUE STUDY | | | 15 |
| THE METHODS OF FATIGUE STUDY | | | 16 |
| CHAPTER II THE FATIGUE SURVEY: WHAT IS TO BE | D | ON | E |
| 1627 | | | |
| WHAT A SURVEY IS THE GENERAL SURVEY AND THE FATIGUE SURVEY | • | | 10 |
| | | | |
| THE AIMS OF THE FATIGUE SUBVEY | • | | 10 |
| THE QUALIFICATION OF THE SURVEY MAKER | | | |
| WHAT TO LOOK FOR | | | 25 |
| VARIATION TOTAL ASSESSED PARTOTTE | | • | 20 |
| VARIABLES THAT AFFECT FATISUE THE SURVEY RECORD SHEET SURVEY PHOTOGRAPHS MAKING THE SURVEY SERVICEABLE | | • | 20 |
| STRUME DECOMPANIE | 80. | • | 21 |
| Marine was Supers September | • | • | 22 |
| MARING THE BURTEL BERTICHABLE | | • | U |
| CHAPTER III | | | |
| PRELIMINARY PROVISIONS FOR REST FOR O | | | |
| COMING FATIGUE: WHAT CAN BE I | 100 | E | |
| Provision for Rest | ٠ | ٠ | 88 |