REMARKS ON DIABETES, ESPECIALLY WITH REFERENCE TO TREATMENT

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Remarks on Diabetes, Especially with Reference to Treatment by William Richardson

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WILLIAM RICHARDSON

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REMARKS

ON

DIABETES AND ITS TREATMENT.

REMARKS

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DIABETES

ESPECIALLY WITH REFERENCE TO TREATMENT

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PREFACE.

TEN years ago the author of this little work was attacked with Diabetes which presented symptoms of a very formidable character. entirely treated himself, and, after the failure of every remedy, dietetic and medical, which he found recommended on good authority, was gradually led to the method of treatment he advises in the following pages. He has not only cured himself, but also many others who · have faithfully and patiently carried out the system he advocates. The author repeats, faithfully and patiently, for he has found some difficulty in inducing patients to carry it out in its integrity. Some object to the bath, as involving much domestic inconvenience, and exposing to the danger of colds, etc., while others, overcome by the feeling of lassitude and weakness peculiar to the disease, consider themselves incapable of taking the walking exercise essential to recovery. With such feelings the author can fully sympathise, as he experienced them to an extreme degree. These objections must not, however, be entertained by him who desires relief. The bath and walking exercise are of peculiar importance in the treatment, so much so, that if either is neglected, but little good will result.

To fairly test the system of treatment it must be carried out as a whole, in fact the gradual relaxation of the diet without the exercise would be positively injurious.

The drugs recommended are few, but if employed as directed, they will be found an essential part of the treatment. The author did not get clear of sugar till he used them. It will be seen that the doses are small; irritation from their necessarily long use is thus avoided, a point the author thinks met sufficiently attended to in the treatment of chronic diseases.

25 Gloucester Gardens, London. W. March, 1871.

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