

# **THE COLLEGE STUDENT AND HIS PROBLEMS**

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The college student and his problems by James Hulme Canfield

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**JAMES HULME CANFIELD**

**THE COLLEGE  
STUDENT AND  
HIS PROBLEMS**



THE COLLEGE STUDENT  
AND HIS PROBLEMS

*The Personal Problem Series*



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AND

# HIS PROBLEMS

BY

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*For the Children  
Of My Educational Sons and Daughters  
Whose Unfailing Confidence and Affectionate Regard  
Have been and still are  
The Inspiration and the Reward of Life  
These Pages have been Written*





## PREFATORY NOTE

CERTAIN books of counsel, teaching young men and women how best to shape their ideals and their lives, played an honorable part in the literature of the nineteenth century, particularly in America, where aspiring youth is eager to learn the secret of noble success. These books, so gratefully remembered by older men, have long since become powerless to aid a younger generation, and their place has not yet been worthily filled. It is our intention to issue a short series of small volumes that shall fulfil the mission of the best of these obsolescent manuals. No one mind, no single experience, would suffice for such a task. Each special field, each special group of personal problems, must be treated separately. There is the problem of the body — how shall its mechanism be perfected and kept in repair; the problem of the mind — how shall its latent powers be wisely developed; the problem of the spiritual nature — how shall it be best nurtured. Each is

to be treated by one who has given long-continued thought and effort to that particular subject. These are fundamental problems, which all young men and young women must consider. There are others that appeal to great classes of the community: the securing of an education when college is out of the question, the management of life at college, the choice of a profession—to mention no more—and each of these is also to be treated by men of special knowledge and experience.

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