

**THE IDEAL MADE REAL OR  
APPLIED METAPHYSICS  
FOR BEGINNERS**

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The ideal made real or applied metaphysics for beginners by Christian D. Larson

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**CHRISTIAN D. LARSON**

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FOR BEGINNERS

BY

CHRISTIAN D. LARSON

*Editor of*

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AND

THE COSMIC WORLD

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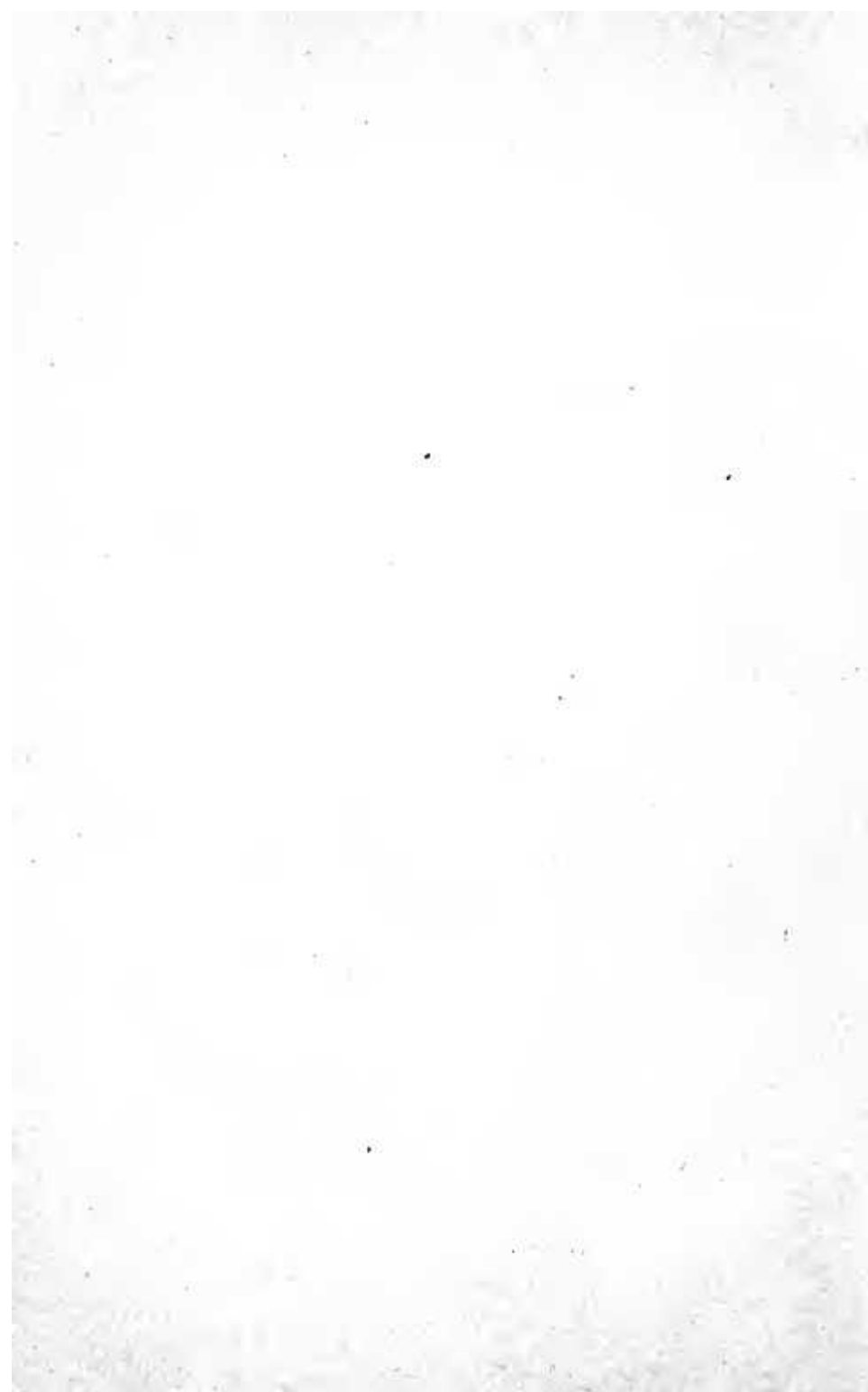
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## FOREWORD.

The purpose of this work is to present practical methods through which anyone, the beginner in particular, may realize his ideals, cause his cherished dreams to come true, and cause the visions of the soul to become tangible realities in every-day life.

The best minds now believe that the ideal can be made real; that every lofty idea can be applied in practical living, and that all that is beautiful on the heights of existence can be made permanent expressions in personal existence. And so popular is this belief becoming that it is rapidly permeating the entire thought of the world. Accordingly, the demand for instructive knowledge on this subject, that is simple as well as scientific, is becoming almost universal.

This book has been written to supply that demand. However, it does not claim to be complete; nor could any work on "The Ideal Made Real" possibly be complete, because the ideal world is limitless and the process of making real the ideal is endless. To know how to begin is the principal secret, and he who has learned this secret may go on further and further, forever and forever, until he reaches the most sublime heights that endless existence has in store.

No attempt has been made to formulate the ideas, methods and principles presented, into a definite system. In fact, the tendency to form a new system of thinking or a new philosophy of life, has been purposely avoided. Closely defined systems invariably become obstacles to advancement, and we are not concerned with new philosophies of life. Our purpose is the living of a greater and a greater life, and in such a life all philosophies must constantly change.

In preparing the following pages, the object has been to take the beginner out of the limitations of the old into the boundlessness of the new; to emphasize the fact that the possibilities that are latent in the human mind are nothing less than marvelous, and that the way to turn those possibilities to practical use is sufficiently simple for anyone to understand. But no method has been presented that will not tend to suggest new and better methods as required for further advancement. The best ideas are those that inspire new ideas, better ideas, greater ideas. The most perfect science of life is that science that gives each individual the power to create and recreate his own science as he ascends in the scale of life.

Great souls are developed only where minds are left free to employ the best known methods according to their own understanding and insight. And it is only as the soul grows greater and greater that the ideal can be made real. It is individuality and originality that give each person the power to make his

own life as he may wish it to be; but those two important factors do not flourish in definite systems. There is no progress where the soul is placed in the hands of methods; true and continuous progress can be promoted only where all ideas, all methods and all principles are placed in the hands of the soul.

We have selected the best ideas and the best methods known for making the ideal real, and through this work, will place them in your hands. We do not ask you to follow these methods; we simply ask you to use them. You will then find them all to be practical; you will find that every one will work and produce the results you desire. You will then, not only make real the ideal in your present sphere of life, but you will also develop within yourself that Greater Life, the power of which has no limit, the joy of which has no end.