

**HEALTH, COMFORT, AND
LONGEVITY PROMOTED,
OR A FEW MINUTES
REGARD TO THE TEETH**

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Health, comfort, and longevity promoted, or A few minutes regard to the teeth by Edward Miles

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EDWARD MILES

**HEALTH, COMFORT, AND
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THE declining state of the Muscles, the Countenance, and general health, from the loss of **TEETH**, and



their comparatively retrieved condition, after a few month's use of a Set of the Authors best **ARTIFICIAL TEETH**. See Pages 10, 18, 27, &c.

HEALTH, COMFORT,
AND
LONGEVITY PROMOTED,
OR
A FEW MINUTES REGARD
TO
THE TEETH,

THEIR PRESERVATION AND RESTORATION BY ARTIFICIAL ONES,
WITH SOME REMARKS ON CORRECT PRONUNCIATION,
PRECAUTIONS TO MOTHERS ON DENTITION, &c.

BY EDWARD MILES,
DENTIST.



"THE TEETH DESERVE OUR UTMOST ATTENTION."—JOHN HUNTER.
"SOUNDNESS OF CONSTITUTION AND DURATION OF LIFE MUCH DEPEND ON
THE HEALTHY CONDITION OF THE MOUTH."—L. S. PARMLY.

LONDON:
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1846.

1206.

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A FEW MINUTES, &c.

INTRODUCTORY.

DURING a professional practice of about eighteen years, the writer's attention has often been forcibly drawn to the insidious nature of disease to which the teeth are liable. Unlike other parts of the frame it may not only commence, but even be rapidly advancing without producing any premonitory symptoms, and so unacquainted are most persons with its nature and progress, that unless uneasiness or suffering have been experienced no apprehension or distrust is felt.

Then the *period* at which decay commences; he frequently meets with young children, of ten, twelve, and upwards, with decayed permanent teeth;—this is the very reverse of the prevailing popular error, which supposes them scarcely obnoxious to the evil before a *later* period of life.

Hence the importance of a short *condensed* work on the teeth, accessible to all, which shall premonish parents and others: and as it is well known that a delicacy is felt on this subject which prevents advice being given, to afford an opportunity of performing this little act of kindness:—by enclosing or speaking of this little work, either avowedly or otherwise, *individual* regard may be secured and a permanent good conferred.

It is in the barrier which is presented by faulty teeth, to the proper performance of the thousand different avocations of

life, in which their effect is felt the most irksome and afflicting:—to plead in the senate or bar, though it may be for the dearest rights and interests,—(the properties, liberties, or lives of others,)—to maintain a lengthened discourse,—to negotiate the momentary affairs of exchange,—to attend the duties of the office, the market, or shop,—to do any one of these and ten thousand other things,—to think,—to act,—to work, and to do them *correctly*, with diseased and irritating teeth, require herculean powers not possessed by man.

Hence the title “Health, Comfort and Longevity, promoted,” for if writers on longevity are correct in averring, that “all which conduces to establish health of body, to temper and humanize the soul, and calm the rougher passions, to favour habitual calmness and serenity of mind,” eminently tends to promote long