

**FLETCHERISM, WHAT IT IS;
OR, HOW I
BECAME YOUNG AT
SIXTY. [NEW YORK]**

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Fletcherism, What It Is; Or, How I Became Young at Sixty. [New York] by Horace Fletcher

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HORACE FLETCHER

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FLETCHERISM: WHAT IT IS



THE AUTHOR

FLETCHERISM

WHAT IT IS

OR

**HOW I BECAME YOUNG
AT SIXTY**

BY

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Fellow American Association for the Advancement of Science

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INTRODUCTION

FLETCHERISM has become a fact.

A dozen years ago it was laughed at as the "chew-chew" cult; to-day the most famous men of Science endorse it and teach its principles. Scientific leaders at the world's foremost Universities—Cambridge, England; Turin, Italy; Berne, Switzerland; La Sorbonne, France; Berlin, Prussia; Brussels, Belgium; St. Petersburg, Russia; as well as Harvard, Yale and Johns Hopkins in America—have shown themselves in complete accord with Mr. Fletcher's teachings.

The intention of the present volume is that it shall stand as a compact statement of the Gospel of Fletcherism, whereas his other volumes treat the subject more at length and are devoted to different phases of Mr. Fletcher's philosophy. The author here relates