

**CONCENTRATION, THE
KEY TO CONSTRUCTIVE
THOUGHT**

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Concentration, the Key to Constructive Thought by C. W. Kyle

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C. W. KYLE

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THOUGHT**

Concentration

THE KEY TO
CONSTRUCTIVE
THOUGHT



By C. W. KYLE



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The Master Workman

THE axiom, "As a man thinketh in his heart so is he," is the most startling truth ever uttered of man. What an amazing statement! Power! Self-mastery! A being of Life, Love, and Intelligence, possessed of the power to create and rule himself and his environment by the choice and mastership of thought! A realization of the meaning of the above aphorism awakens a power in man that transforms him into a new being.

The wonderful fascination of this saying lies in the all-embracing statement which it so directly makes. It covers every possible act of man and clearly states that he is capable of exercising unlimited powers. Look which way we will we cannot escape from the finality of this decree.

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The beauty of this saying is that it is true, **just as it is written.**

Man is a world within himself, and he is master of himself, it matters not how well or ill he may exercise his powers of mastership. He is the unquestioned thinker of his own thoughts, which are the tools of his workmanship. He is the master workman of his own designs, and he builds constructively or destructively as he wills. He makes himself sick or well, rich or poor, strong or feeble, sorrowful or joyous by the character of the thoughts he thinks.

"Thought in the mind hath made us. What we are by thought was wrought and built. If a man's mind hath evil thoughts, pain comes to him as comes the wheel the ox behind. * * If one endure in purity of thought, joy follows him as his own shadow—sure."

Man is compelled to work out his own destiny, but not alone, for he has an infallible inner guide, aye, the whole universe is in league to assist him in the construction of his ideals.

The enlightened minds of all ages

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have agreed that, "The proper study of mankind is man," and however searching and profound may have been man's study of the forms of life and of Nature in the past, the ultimate word of all science now affirms that the search for truth has driven all further investigation to look for it in the innermost heart and consciousness of man.

In the heart of man are the secrets of God.

When man shall come to know himself; to know the relationship which exists between himself and his fellow-man, with the universe and with the Infinite, his lesson of life will have been learned.

Truly, it has taken man a long, wearisome journey to discover that the Source of Life, the perpetual fountain of health and wealth, of happiness and of peace, for which he has so earnestly and vainly sought in every other place, has all the while lain securely hidden within his own heart.

God could do no more for man than He has done. He has made him in His own image; clothed him with His every

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attribute; endowed him with Life, Love and Intelligence; made him a localized center of His own consciousness; given him faculties and powers which are God-like in their nature and all-masterful, in their creative power. He has made man ruler of himself, and given him dominion over all the earth; over the beasts of the fields, the fowls of the air and the fishes of the sea, and He has placed in the heart of man the magical jewel of thought by which he may trace the successive steps which life has climbed from its first clothing in matter to its highest expression in consciousness, and by this same thought He has enabled him to so refine his body that the grosser particles of it may be transmuted into a still more perfect body, into which pain and suffering may not enter; ruled by a mind that shall know no fear and feel no sorrow, save for other's woes, and this sorrow He has lightened by giving man the power to heal and uplift his fellow-man.

Now, that man finds himself thus equipped there is nothing for him to do,