

THE INFLUENCE OF JOY

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The influence of joy by George Van Ness Dearborn

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GEORGE VAN NESS DEARBORN

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OF JOY**

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THE
INFLUENCE OF JOY

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THIS LITTLE BOOK
WITH WHATEVER IT MAY MEAN
IS DEDICATED TO MY WIFE
DOMINI

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EDITORIAL INTRODUCTION

IN a general way it has long been recognized that joy has a stimulating, tonic effect on the human organism. The so-called "New Thought Movement", of which so much has been heard, has as its basic principle this revivifying power of joy, in contrast to the paralyzing power of such emotional states as fear, envy, worry, and anxiety. "New Thought" literature, to-day so abundant, rightly emphasizes the importance of joy as an aid in healthy and efficient living, and reinforces its insistence on this fundamental truth by the citing of numerous evidential instances from everyday observation. In the main, however, the literature of "New Thought" has generalized rather than specified with regard to the influence