

**THE ROYAL ROAD TO
HEALTH, OR THE SECRET OF
HEALTH WITHOUT DRUGS**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649695898

The Royal Road to Health, or the Secret of Health without Drugs by Chas. A. Tyrrell

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

CHAS. A. TYRRELL

**THE ROYAL ROAD TO
HEALTH, OR THE SECRET OF
HEALTH WITHOUT DRUGS**



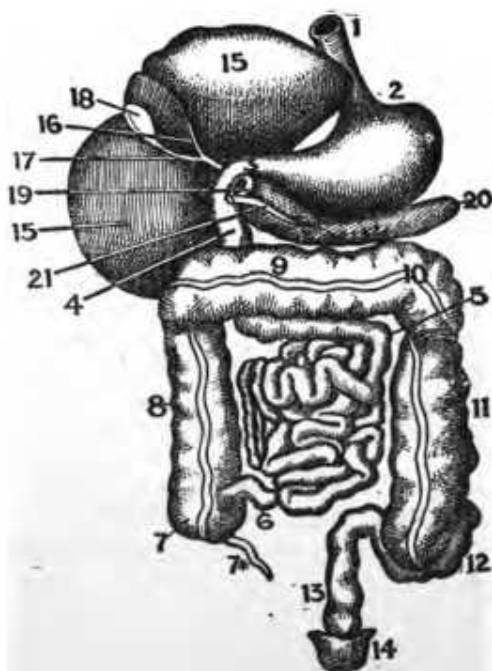
Chas H. Russell

TO MY WIFE

WHOSE ENTHUSIASM, AND UNFLAGGING INTEREST IN ALL
MATTERS PERTAINING TO HEALTH IS EXCELLED BY
NONE, AND WHO HAS BEEN A FAITHFUL CO-
WORKER IN BUILDING UP THE SYSTEM OF
TREATING DISEASE BY HYGIENIC
METHODS HEREIN SET FORTH,

THIS BOOK IS

AFFECTIONATELY DEDICATED.



THE DIGESTIVE ORGANS.
(Viewed from the front.)

DESCRIPTION OF THE DIAGRAM
ILLUSTRATING THE
DIGESTIVE ORGANS OF MAN.

1. Esophagus or Gullet.
2. Cardiac end of Stomach.
3. Pyloric end of Stomach.
4. Duodenum.
- 5, 6. Convolutions of Small Intestines.
7. Cæcum.
- 7* Vermiform appendage of Cæcum, called the *ap-
pendicula vermiformis*.
8. Ascending Colon.
- 9, 10. Transverse Colon.
11. Descending Colon.
12. Sigmoid Flexure, the last curve of the Colon be-
fore it terminates in the Rectum.
13. Rectum, the terminal part of the Colon.
14. Anus, posterior opening of the alimentary canal,
through which the excrements are expelled.
- 15, 15. Lobes of the Liver, raised and turned back.

16. Hepatic Duct, which carries the bile from the liver to the Cystic and Common Bile Ducts.
 17. Cystic Duct.
 18. Gall Bladder.
 19. Common Bile Duct.
 20. Pancreas, the gland which secretes the pancreatic juice.
 21. Pancreatic Duct, entering the Duodenum with the Common Bile Duct.
-

The illustration here given of the Digestive Apparatus of man represents the organs of food digestion, especially the alimentary canal and glands connected therewith, and to the reader of this book, or to any student of anatomy, it will be found of invaluable service as a reference.

The diagram gives a view of the digestive organs from the ventral or front side, a proper study of which cannot fail to impress every intelligent being with the reverential deduction of the Psalmist that we are "*fearfully and wonderfully made.*"

PREFACE.

TO THE FORTY-SIXTH EDITION.

In presenting to the public the forty-sixth edition of this work, it is a matter for profound gratification to be able to state that the treatment described in its pages has steadily increased in public favor since its introduction. Tens of thousands of grateful people testify to its efficiency, not only as a remedial process, but better still, as a preventive of disease. Truth must ever prevail, and this treatment being based on natural law (which is unerring), must achieve the desired result, which is the restoration and preservation of health.

This edition has been completely revised and much of it re-written, and, while the essential principles remain unchanged, some slight departures from previously expressed opinions may be noted; for in the years that have elapsed since the first edition saw the light, some notable advances have been made in rational therapeutics and dietetics, and no one can afford to lag behind the car of Progress.

The arrangement of the book has been still farther altered, by adding another part, making nine in all, each part being devoted to a special phase of the general subject, thus simplifying it, and making its principles easier

of application. Quotations have been freely made from articles written during the past three years by the author, in his capacity as editor of "Health," and several new formulas for the treatment of important diseases have been added to those that have appeared in previous editions.

While painfully conscious that the critically disposed may find something to condemn in its pages, the work is sent forth with the fervent hope, that despite any defects it may possess it may, in the future, as in the past, prove the means of restoring to suffering thousands the possession of their natural and rightful heritage—health.

THE AUTHOR.