

**WITHIN THE SOUL: HELPS
IN THE SPIRITUAL LIFE, A
BOOK OF LITTLE ESSAYS**

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Within the soul: helps in the spiritual life, a book of little essays by Michael J. Watson

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MICHAEL J. WATSON

**WITHIN THE SOUL: HELPS
IN THE SPIRITUAL LIFE, A
BOOK OF LITTLE ESSAYS**

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A Spiritual Album, giving the Cream
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**Thanksgiving after Holy Com-
munion.** In Union with the Sacred
Heart. Translated from the French of the
REV. G. VILLEFRANCHE, S.J., by IRENE
HERNIMAN

Within the Soul

Helps in the Spiritual Life

A Book of Little Essays

By the

Rev. Michael F. Watson, S.F.

"Lo, the Kingdom of God is within you."

St. Luke xvii. 21

"Be you, therefore, perfect, as also your Heavenly
Father is perfect."—*St. Matthew v. 48*

Fourth Edition

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TO THE MOST LOVING HEART OF JESUS
CHRIST, SON OF THE LIVING GOD, OUR
REDEEMER, IN THE EARNEST HOPE THAT
THIS LITTLE BOOK MAY, THROUGH THE
HOLY SPIRIT'S BLESSING, ADVANCE HIS
GLORY AND HELP TO PROPAGATE THE
FAITH WHICH HE HAS REVEALED FOR THE
SALVATION OF THE WORLD

THIS charming collection of very helpful essays has already become a warm favourite with the Catholics of Australia, where the earlier editions were published.

There is every reason why it should be equally welcome to all English-speaking Catholics, as it treats of many subjects affecting our everyday lives.

Editions in this new form have, therefore, been prepared for sale in Australia, the British Empire, and in the United States.

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