

**THE SPAS AT AIX-LES-BAINS AND  
MARLIOZ, SAVOY: THEIR  
PHYSIOLOGICAL ACTION, MODES  
OF APPLICATION, CLINICAL  
EFFECTS AND ANALYSIS**

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The Spas at Aix-Les-Bains and Marlioz, Savoy: Their Physiological Action, Modes of Application, Clinical Effects and Analysis by Francis Bertier

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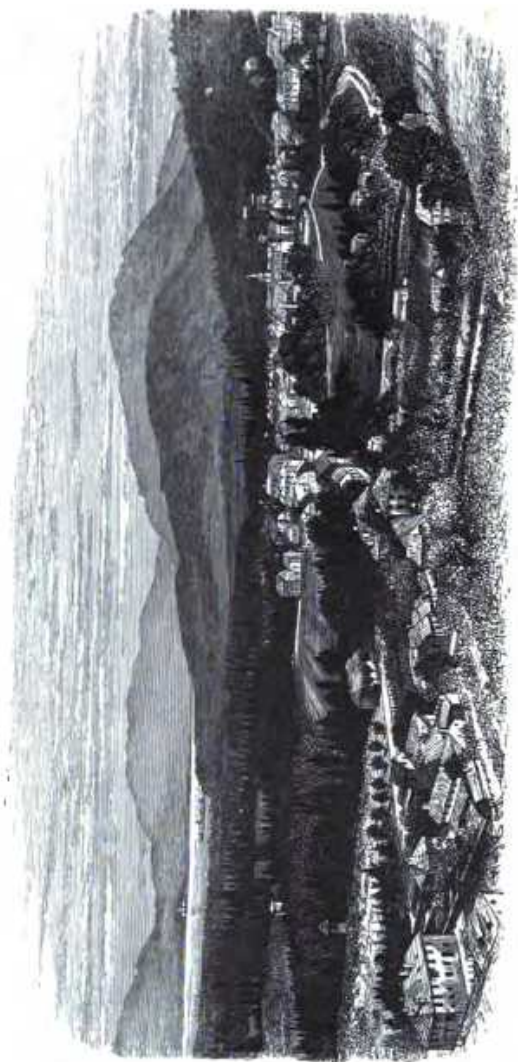
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**FRANCIS BERTIER**

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OF APPLICATION, CLINICAL  
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AIX (from the South).

THE SPAS  
OF  
AIX-LES-BAINS AND MARLIOZ,  
SAVOY:

THEIR PHYSIOLOGICAL ACTION, MODES OF APPLICATION,  
CLINICAL EFFECTS, AND ANALYSIS;

TOGETHER WITH

PRACTICAL INSTRUCTIONS.

BY

FRANCIS BERTIER, M.D. PARIS;

PHYSICIAN TO THE BATHING ESTABLISHMENTS OF AIX-LES-BAINS AND MARLIOZ; MEMBER  
OF THE MEDICAL SOCIETIES OF CHAMBERY AND GENÈVE; MEMBER OF THE  
SOCIÉTÉ PROTECTRICE DE L'ENFANCE, MARSAILLON; MEMBER  
OF THE MEDICAL SOCIETY OF HYDROLOGUE, PARIS.



LONDON:  
J. & A. CHURCHILL, NEW BURLINGTON STREET.  
1877.

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151 . 2 . 286 .

1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes that proper record-keeping is essential for transparency and accountability, particularly in the context of public administration and financial management. The text notes that without reliable records, it is difficult to track the flow of funds and ensure that resources are used efficiently and effectively.

2. The second part of the document addresses the challenges associated with data collection and analysis. It highlights that gathering accurate and timely data can be a complex task, often requiring the coordination of multiple departments and the use of various data sources. The text also discusses the importance of data quality and the need for robust data management systems to ensure that the information collected is reliable and usable for decision-making.

3. The third part of the document focuses on the role of technology in improving data management and analysis. It explores how modern data management tools and software can help organizations streamline their data collection processes, reduce errors, and improve the efficiency of their data analysis. The text also discusses the importance of data security and the need for organizations to implement strong security measures to protect their sensitive information.

4. The fourth part of the document discusses the importance of data-driven decision-making. It argues that organizations should use the insights gained from their data to inform their strategic planning and operational decisions. The text notes that data-driven decision-making can help organizations identify trends, anticipate challenges, and optimize their performance. It also emphasizes the need for organizations to have a clear understanding of their data and to use it in a responsible and ethical manner.

5. The fifth part of the document discusses the importance of data literacy and training. It argues that all employees should have a basic understanding of data and be able to use it effectively. The text notes that data literacy is a key skill for the 21st century and that organizations should invest in training and development programs to help their employees build their data literacy skills. It also emphasizes the importance of data ethics and the need for organizations to ensure that their data practices are transparent and accountable.

## PREFACE

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I TRUST that this little work will prove useful to the physician, as demonstrating the curative properties of the waters of Aix, and be somewhat of a guide to intending visitors to the thermal springs of Aix-les-Bains and Marlioz.

I have to acknowledge valuable aid from the experience and suggestions of my father, Dr L. Bertier, Physician and Assistant-Inspector to the Bathing Establishment for the last thirty-five years.

I also avail myself of this opportunity to thank the Physicians and Surgeons of the Hospitals of London and Dublin for their kindness and courtesy to me during my sojourn amongst them, and for the great benefit derived from their lectures and clinics.

Lastly, my sincere acknowledgments are due to my confrère, "Quatorze," for the faithful translation of this work.

FRANCIS BERTIER.

AIX-LES-BAINS; July, 1877.



1

2

3

4

5

6

7

8

## CONTENTS

---

	PAGE
PREFACE . . . . .	v
CONTENTS . . . . .	vii
INTRODUCTION . . . . .	xiii

### CHAPTER I

#### PHYSIOLOGICAL ACTION

Description and Analysis of the Waters of Aix-les-Bains . . . . .	1
---	---

### CHAPTER II

#### MODES OF APPLICATION

Character of the Thermal System. Thermal, Vapour, and Douche Baths. Stimulating Effects . . . . .	7
---	---

## CHAPTER III

SEDATIVE, OR SOOTHING AND TONIC MODE OF  
TREATMENT

	PAGE
Piscines (Swimming Baths). Salles d'Inhalation.	
Quieting Effects . . . . .	21

## CHAPTER IV

## INTERNAL ACTION OF THE SULPHUR

A Course of Water-drinking. The Thermal Fever.	
Dist. Poussée. The most appropriate Season for taking the Baths at Aix . . . . .	29

## CHAPTER V

## THERAPEUTICS

Rheumatism, Acute and Subacute. Arthritis. Rhen- matoid Arthritis or Osteo-arthritis. Hydrar- throsis. Strumous and Rheumatismal Affections of Joints. Muscular Rheumatism. Sciatica . . . . .	37
---	----

## CHAPTER VI

GOUT. GOUTY SCIATICA . . . . .	71
--------------------------------	----