

**CHILDHOOD AND GROWTH:  
A PAPER READ OCTOBER  
6TH, 1905, BEFORE THE NEW  
HAVEN MOTHER'S CLUB**

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Childhood and Growth: A Paper Read October 6th, 1905, Before the New Haven Mother's Club  
by Lafayette B. Mendel

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**LAFAYETTE B. MENDEL**

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**CHILDHOOD AND GROWTH**

A PAPER READ OCTOBER 6TH, 1905, BEFORE  
THE NEW HAVEN MOTHERS' CLUB

BY

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WITH AN INTRODUCTION

BY

HORACE FLETCHER

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## *Editor's Preface*

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*IN searching for physiological wisdom relative to the growth and care of children, I was greatly interested in securing this paper, which Professor Lafayette B. Mendel of the Sheffield Scientific School of Yale University prepared for and read before the Mothers' Club of New Haven, Connecticut, in October last.*

*It is by an eminently careful physiologist whose specialty tends towards the chemical side of the science, and who is unprejudiced either by parentage or tradition in his estimate of the subject of Childhood and Growth.*

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EDITOR'S PREFACE

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*No other introduction is necessary to a presentation so clear and fascinating as this is.*

*I have begged the privilege of presenting this charming essay to the public in its present form.*

HORACE FLETCHER.



## CHILDHOOD AND GROWTH



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### *Childhood and Growth*

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**T**HE problems which confront the mothers of young children are essentially physiological in character. The infant enters the world in an extremely helpless condition, without adequate control of its muscles and with most imperfect organs of sense. It is deprived of the assistance and experience which we derive from these important groups of organs in our contact with the things about us. Aside from what is acquired through the senses of taste and of smell, a long period intervenes until the child obtains any adequate impressions of its

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