

**HAY FEVER AND CATARRH OF  
HEAD AND NOSE: WITH THEIR  
PREVENTIVE AND CURATIVE  
TREATMENT; PP. 1-166**

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AND  
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WITH THEIR

PREVENTIVE AND CURATIVE  
TREATMENT.

BY

E. B. FANNING, M. D.

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## PREFACE.

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IN offering this little volume to the profession as a practical treatise on this one very annoying disease, I feel that it will fill a void in our literature, and at the same time will reveal the means of relieving and ultimately curing numberless cases.

The symptoms are nearly all taken from my own case, but covers about all the various pains and ill feelings this disease produces.

In Part II. of this work I have given a light, practical treatment on catarrh of the head and nose, covering just such cases as the busy practitioner meets with every day, with the remedies and their indications as I have used them in my practice daily for

fifteen years, and successfully. I have also given the remedies used under different heads, namely, neutralizers and contractors, which I trust will enable the physician to better adapt his remedies to the disease.

E. B. FANNING, M. D.

*Philadelphia, Pa.,  
1544 S. 13th St.*



TO  
HAY FEVER SUFFERERS,  
AND  
TO ALL WHO HAVE  
CATARRH OF HEAD AND NOSE,  
IS THIS WORK  
DEDICATED  
BY  
THE AUTHOR.

## HAY FEVER.

ITS CAUSE AND EFFECTS, WITH  
PREVENTIVE AND CURATIVE  
TREATMENT.

*Extract Taken From My Own Case.*

Hay fever, as every physician is aware, is a catarrhal affection appearing in some persons as early as July, but generally about the middle or last of August or first of September, and continuing with more or less violence until there is one or more frosts to clear and dry the atmosphere. The cause of this horrible malady seems to be a very baffling question to our pathologists. I feel quite sure if they but

knew the cause and the seat of it, as I will endeavor to explain, the prevention of this disease will be carried out successfully in numberless cases.

For thirteen years I have battled with this affliction, only to conquer and see the results of my most earnest efforts practically illustrated and proved physiologically and chemically during the season just past. During the years I suffered many persons asked what was ailing me, and when I replied hay fever they would invariably remark sympathetically, "You can never be cured, can you? I always answered, "There is only one way to cure it, and that is to prevent it." This assertion, I am quite