

**THE KOEHLER  
METHOD  
OF PHYSICAL DRILL**

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The Koehler Method of Physical Drill by William H. Wilbur

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**WILLIAM H. WILBUR**

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# THE KOEHLER METHOD OF PHYSICAL DRILL

BY

CAPTAIN WILLIAM H. WILBUR

INFANTRY, U. S. ARMY

ASSISTANT INSTRUCTOR OF MILITARY GYMNASTICS, U. S. MILITARY ACADEMY;  
ASSISTANT INSTRUCTOR OF TACTICS, U. S. MILITARY ACADEMY; SPECIAL  
INSTRUCTOR OF PHYSICAL DRILL, OFFICERS' TRAINING CAMPS  
AT PLATTSBURG BARRACKS AND FORT MYER, 1917

ADOPTED AS TEXT-BOOK AT THE INFANTRY  
OFFICERS' TRAINING SCHOOL, CAMP LEE, VA., 1919



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## FOREWORD

THIS book is intended not only to help an instructor to know his drill, as an abstract proposition, but also to show him the way in which to make it a success. The questions asked by the candidates at the Officers' Training Camps at Plattsburg and Fort Myer and the points with which they had difficulty were constantly kept in mind in writing the book.

The writer has had the exceptional advantage of serving as Major Koehler's assistant at the Military Academy for more than two years, and during that time has had the best possible opportunity to absorb Major Koehler's methods. No claim for originality is made in writing this book; in fact, it is intended to be as close an approximation as possible to a study of physical drill as taught by Major Koehler.

The writer wishes to take this opportunity to thank Major Koehler for his never-failing kindness and assistance and for his ever-present example of compelling energy and superb enthusiasm, without which this effort would be impossible.

Thanks are also due Cadet Roland Stenzel for posing for the excellent photographs contained in the book.

WEST POINT, N. Y.

THE AUTHOR.

April 1, 1918.

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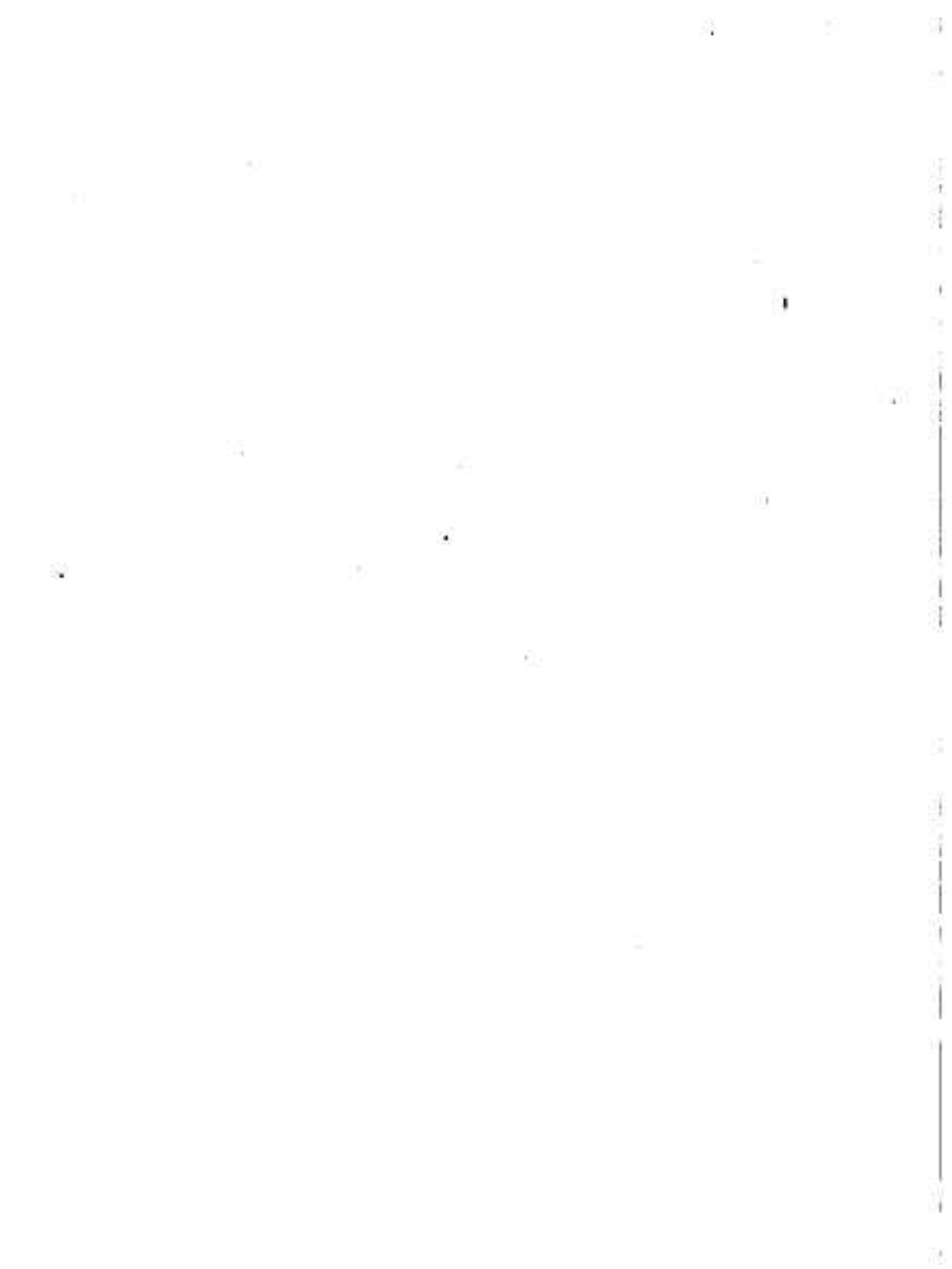


Figure 1: Average number of insecticide-treated bednets per person in Burkina Faso, Nigeria, DRC, Kenya, and Uganda, 2000–2010

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