

**FAT AND BLOOD: AN ESSAY  
ON THE TREATMENT OF  
CERTAIN FORMS OF  
NEURASTHENIA AND HYSTERIA**

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Fat and Blood: An Essay on the Treatment of Certain Forms of Neurasthenia and Hysteria by S. Weir Mitchell

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**S. WEIR MITCHELL**

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NEURASTHENIA AND HYSTERIA**



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TO  
SAMUEL LEWIS, M.D. EDIN., M.R.C.S. LOND.,  
XX-PRESIDENT PHILADELPHIA COLLEGE OF PHYSICIANS.

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THE profession in Philadelphia owes chiefly to your unceasing liberality the great library of our College of Physicians. Personally, I owe to you a friendship which the passing years have made more valuable. As a physician and a friend, therefore, I gratefully dedicate to you the fourth edition of this little book.

THE AUTHOR.

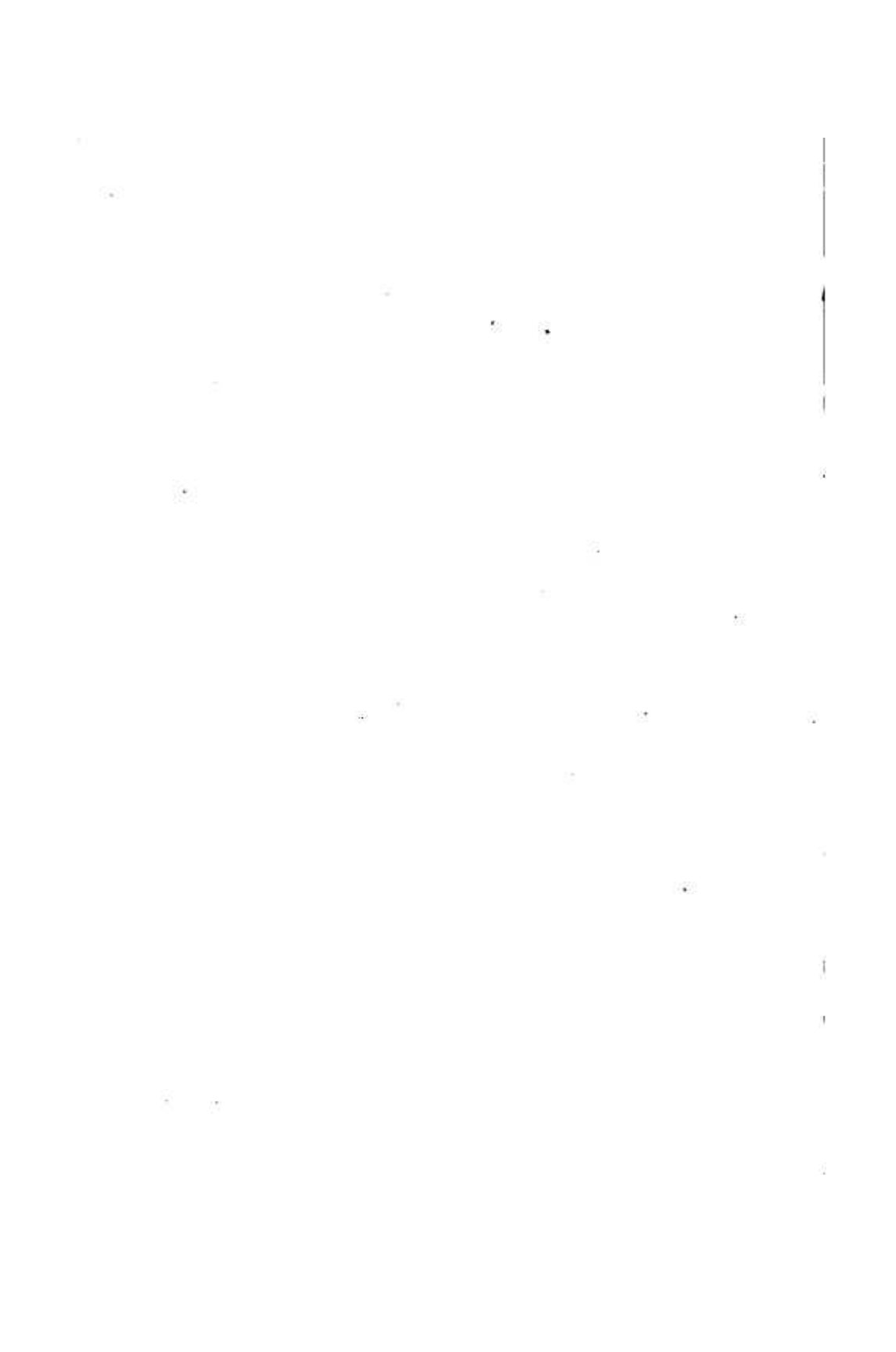


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PREFACE TO THE FOURTH EDITION.

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I HAVE made some slight changes in this edition, and have added a few not unimportant points in regard to treatment.

S. WEIR MITCHELL.

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