

**ON THE PERSPIRATOR; AN
EFFECTUAL DOMESTIC REMEDY,
FOR IMMEDIATELY CHECKING
INFLAMMATORY DISORDERS**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649295845

On the perspirator; an effectual domestic remedy, for immediately checking inflammatory disorders by M. La Beaume

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Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

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M. LA BEAUME

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ON THE
PERSPIRATOR;
AN
EFFECTUAL DOMESTIC REMEDY,
FOR
IMMEDIATELY CHECKING INFLAMMATORY DISORDERS
BY
EQUALIZING CIRCULATION
AND
RESTORING PERSPIRATION,
BY A SINGLE APPLICATION;

AND CURING CHILL, COLDS, COUGH, FEVERS, ETC.

INVENTED BY THE AUTHOR,

WITH A

FEW OBSERVATIONS ON PERSPIRATION AND THE
MEANS OF PREVENTING ITS SUPPRESSION;

BY M. LA BEAUME,

MEDICAL GALVANIST AND ELECTRICIAN TO THE QUEEN, FELLOW OF THE
LINNEAN SOCIETY OF LONDON, MEMBER OF THE MEDICO-PHILANTHRO-
PIC SOCIETY OF PARIS, ETC.

SECOND EDITION



LONDON:

PUBLISHED BY

HIGHLEY, FLEET STREET; AND SOLD BY HOOKHAM, OLD
BOND STREET; AND WARR, 63, HIGH HOLBORN.

1843.

F. WARR, PRINTER,
RED LION PASSAGE, RED LION STREET,
HOLBORN.

TO THE READER.

Were I not fully convinced from *experience* that I shall confer great benefit on society, by publishing a Second Edition of this Pamphlet, I should neither have given myself the *trouble* nor incur any *expense* in doing it. My object is to SAVE LIFE. I therefore call your serious attention to an *easy domestic remedy* for family use which is *so simple* that a child can administer it. This remedy is not only *very pleasurable and harmless*, but singularly *effectual* in *immediately and invariably* arresting the progress of *inflammatory disease*, by EQUALIZING CIRCULATION, and RESTORING PERSPIRATION. By producing these salutary effects, colds, coughs^s, fevers, and other dangerous

disorders are cured by A SINGLE APPLI-
CATION. The following OBSERVATIONS,
TESTIMONIALS, FACTS and CASES will prove
the extraordinary powers of my PERSPIRA-
TOR or Sudatory, which *has* saved the lives
of *many* who were *apparently dying*, and
were *given over* by their physicians and
surgeons.

M. LA BEAUME,

No. 11, Argyle Street, Regent Street.

Brief Observations on Perspiration.

None of the natural discharges of the human body is so important and extensive as *Perspiration*, which escapes from the pores of the skin: this salutary emanation frees the body from acrid and impure humours, which is essential to health. The skin is the largest organ of the human frame, and the correct performance of its functions is more important than it is supposed. Obstructed perspiration is most frequently the cause of those inflammatory diseases, colds, cough, fevers, obstructions, &c. which terminate in consumption and other protracted disorders that imbitter life.

On the first medical authorities, I state this fact, that a healthy person of middle stature perspires within twenty-four hours no less than from three to five pounds in weight,—thus expelling from the system by the pores, noxious matter, which, if retained in the body by a constricted skin, must be productive of serious consequences. Most of those diseases which are acute and painful, and many of those which are chronic and long protracted, may be attributed to checked perspiration or the

unhealthy state of the skin. This *extensive* outside covering of the body is a great organ and outlet for the wastes of nature, and discharges more from the system by the pores, than by the lungs, bladder, and bowels together. This is a positive fact proved by experiments.

The all-wise Creator in the wonderful construction and formation of the skin, has designed that this outward covering of the body should be the medium of insensible perspiration. It is proved to a demonstration by microscopic inspection, that the surface of the skin resembles a very *scaly* fish—these *scales* are so small, that the space occupied by a *grain* of sand will cover 250 of them. On examining one of these scales by a greater magnifying power, it is clearly *seen* that *one* scale covers 500 *pores*, or holes through which perspiration escapes—consequently a space occupied by a grain of sand—say the 20th part of an inch—includes and covers 125,000 pores!! What must the surface of the whole skin cover? This is beyond all calculation—*wonderful* but *true*—evident to *ocular demonstration* by microscopic observation. Can we impeach the wisdom of the Creator and set aside our reason, by supposing that any thing was made without design? from the construction then of the skin, we must conclude it is the *largest* organ of the body, to answer the *most* important purposes of the animal economy.

Checked perspiration generally produces the

following effects: sensation of coldness in the body, hands, and feet, sneezing, discharge from the nose, headache, giddiness, chillness, faintness, stupor, drowsiness, confusion of mind, irritability of temper, shortness of breathing, oppression of the chest, hoarseness, cough, frequent discharge from the bladder, diarrhœa, &c., which symptoms precede inflammatory diseases.

To *restore* perspiration is the first and most reasonable treatment for the removal of these effects, and the prevention of serious consequences—where shall we find an easy, harmless, and *certain* remedy that will promptly afford relief? Can we depend on sudorifics or even James's powder? I answer in the negative; for it is well known to the faculty that *no class* of medicines is *so uncertain* and *so little* to be *depended* upon as sudorifics—they frequently by their failure nauseate the stomach, affect the head, and add to the disease, by occasioning a burning heat over the body and a feverish restlessness; preventing sleep, without producing any evaporation from the skin. I therefore present to your attention and consideration, an apparatus of my invention which may be properly designated

THE PERSPIRATOR.

This simple and convenient machine is made of very light, cheap yet durable materials, occupying the space of about two feet square, therefore very