

**PSYCHOANALYSIS;
ITS HISTORY, THEORY
AND PRACTICE**

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Psychoanalysis; its history, theory and practice by André Tridon

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"We are what we are because we have been what we have been, and what is needed for solving the problem of human life and motives is not moral estimates but more knowledge."

FREUD

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PREFACE

THERE is no dearth of excellent books on psychoanalysis. For the general public, however, they are of little practical value. They presuppose a knowledge of the subject and a familiarity with medical and analytic terms which the average reader does not possess. Moreover, they are, in the majority of cases, special monographs dealing with some definite detail of theory or practice from the exclusive point of view of one of the various schools of analysis.

What I have attempted to do in the present volume is to sum up in a concise form the views of the greatest American and foreign analysts which at present are scattered in hundreds of books, pamphlets and magazine articles. I have, whenever possible, presented their thought in their own words, through either direct quotation or condensation.

This is to be an unpartisan treatment of the subject. While I profess the deepest respect for Sigmund Freud, and believe that but for his scientific insight and his untiring labors, psychoanalysis would probably be to-day an undeveloped, inaccurate set of hypotheses, I hold that Jung's and Adler's theories are of inestimable value, and that no analysis would be complete which did not take into account the researches of the "Zurich School" and of the "Individual Psychologists."

An unprejudiced perusal of the history of the analytic