# THE LETTERS OF A WOMAN WHO WAS, BY THE WOMAN

Published @ 2017 Trieste Publishing Pty Ltd

### ISBN 9780649630837

The Letters of a Woman who Was, by the Woman by Helen Field Robertson

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## **HELEN FIELD ROBERTSON**

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WOMAN



WALTER H. ROBERTSON 209 WEST FIFTGENTH STREET MINNEAPOLIS, MINN. 1917 Phil 7069.17.40

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## FOREWORD

This book, which has been written by a young woman who is not familiar with the subjects dealt with, contains truths which cannot fail to convince you of a life outside the physical existence. It is especially impressive since it bears the stamp of earnest appeal and sincerity.

The circumstances connected with its composition are compelling, and it is important that these facts should be made known that the readers of this book can draw their own conclusions regarding its authenticity. The manner in which the young woman discovered that she possessed psychic power was unusual. The first message which she received came on a Sunday evening early in October when a small party of persons were amusing themselves by receiving messages from discarnate spirits. The method used was the simple one of the drinking glass and the alphabet which was printed in large letters upon a square of bristol board. One of the ladies in the party was apparently the only one who could draw a control. No messages of weight or importance were received until after the guests had departed. The seance had taken place at the home of the young woman who has

written this book. She was so thoroughly excited over the events of the evening that she decided to try to get a message alone. glass immediately began to move and letters formed intelligent messages. That was the beginning of many interesting and unusual messages, which gradually led up to the writing of this book. On the eighteenth of October, in 1916, early in the forenoon when the young woman was alone busily engaged with her household duties, a voice so natural that it failed to startle her told her to get the glass. This she refused to do. The voice was insistent and the girl suddenly realized that it was not a natural occurrence and hastily got the alphabet and the glass. It moved rapidly, almost eagerly, and spelled out that the spirit controlling the glass was Mrs. Thomas and that she wanted to write a book. A few days later Mrs. Thomas commenced the writing of her book through this method. However, the strain was so great upon the young woman that after a few pages had been written she was ready to give up in despair of ever completing it. At this point Mrs. Thomas spelled out the following message: "Put away the glass and I will control your arm." This seemed almost impossible to the girl, but she took a pencil and a pad of paper and after an interval of a few minutes the pencil began to move with jerks but always very rapidly, and the writing of the book was resumed through the automatic control.

It took fifty-one hours to write the book, averaging about three hours a day. This book carries a direct appeal to those who have been seeking for knowledge of this character. It is written in a simple, straightforward manner, in the form of letters such as a mother would write to her children from a foreign land, giving advice and counsel, making many sage observations about life in the spirit world and on earth. The book expresses her various moods. She tells of her sorrows, her trials and regrets, relating also many unusual experiences of other entities with whom she has come in contact.

Those of you who read this book cannot but be convinced of its sincerity and truth and its effect will be that of giving you a new hope and of making all who read it better men and women.

With this explanation I submit to the readers the following chapters.

EDITOR

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## PREFACE

The object of this book is to place before the masses in clear, condensed form some initial truths pertaining to the spiritual existence which in the due course of time we are all called upon to assume. Many of these truths have before been extolled, although in such a ponderous form as to be accessible only to a student or scholar. My mission is to impart to the masses this information in clear concise form that they may fully comprehend and understand its full mean-By accepting these facts you will find that you are gaining something which you have never before possessed. The essentials that are necessary to advance evolution consciously are, first; the keenest desire for the truth, then you must acquire devotion and finally a clear understanding. After you gain these qualities you will be ready to accept the truth and spiritual knowledge. I am not imparting these truths through my own understanding but through that of high entities who are taking upon themselves the great responsibility of enlightening the masses. Through previous incarnations I was drilled and coached that I might become the channel for this work. The young girl