

**SEXUAL ILLS AND DISEASES:
A POPULAR MANUAL, BASED
ON THE BEST HOMŒOPATHIC
PRACTICE AND TEXT BOOKS**

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Sexual Ills and Diseases: A Popular Manual, Based on the Best Homœopathic Practice and Text Books by E. P. Anshutz

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E. P. ANSHUTZ

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A POPULAR MANUAL

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AND TEXT BOOKS

BY

E. P. ANSHUTZ, M. D.

SECOND EDITION. REVISED AND ENLARGED

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W. M. L. S.

PREFACE TO THE FIRST EDITION

Many "popular" books have been written on the subject of sexual ills and their treatment, but none seem to be exactly what the people want; one is too full of moral and too scant of practical advice; another is too technical, and another gives all sorts of advice save the kind the book-buyer is looking for. The moral advice may be excellent, but people do not buy medical books for it; so is technical advice, but people who want to treat themselves cannot understand it; so is the advice "go to a physician," but it is not what buyers of such books are looking for. This manual is intended to supply the missing practical book for sufferers from the many sexual and kindred ills; to give them plain, honest advice and the best treatment. The description of the diseases is necessarily limited to elementary points to be found in text-books, as anything more elaborate would be out of place in a work of this nature. The treatment is culled from

the whole field of homoeopathic literature. A number of clinical cases have been introduced to give readers a general idea of the way the remedy is arrived at by physicians.

There are a good many false ideas inculcated by advertising doctors in regard to "lost manhood," etc., and if this book succeeds in putting any fearful young man, or boy, straight on that subject it will not have been written in vain. A proper understanding of this and other sexual ills by the public is necessary for their final eradication. Finally, let us emphasize, if it is necessary to consult a physician *do not go to those who advertise*, but to your family physician.

PREFACE TO THE SECOND EDITION

A large first edition of this manual having been sold out there was a continuous call for a second edition, which is hereby presented, thoroughly revised and, in part, rewritten.

There is nothing to add in the way of preface beyond what was said in the preface to the first edition unless it might be to emphasize the advice to *consult your family physician* when you feel the need of medical services in sexual troubles of any nature. This advice (which is golden) holds good whether that physician be homœopathic, allopathic or eclectic. The medical treatment of this class of cases does not call for any unusually profound medical knowledge, though to read the flood of advertising "literature" with which the world is deluged one would think that it required a deep comprehension of medical mysteries. Consult your family physician for he is better fitted to advise than are the so-called advertising "specialists;" he is honest,

and if he does not care to take such cases he can tell you where to go to keep out of the clutches of those whose aim in medicine is to get all out of their patients they can extort, and who, too often, are mere medical bluffers, with but superficial learning.

It is also well to know that all the talk about "lost manhood," "early mental decay," etc., etc., is merely advertising "scare" for the ignorant youth; a little homœopathic medicine and a clean life will clear away the trouble. Per contra, it is well to realize that a "dose" of clap or gonorrhœa is *not* "the same as a bad cold," but something far more serious, not as concerns the actual, apparent disease but on account of its after, or constitutional effects. Its cure, as also that of syphilis, requires homœopathic medicine; this is especially true of cases that have reached the secondary, or the chronic, stage. There is hardly any cure for this stage outside of Homœopathy.

PART I
TREATMENT