

**LA GRIPPE AND ITS
TREATMENT FOR
GENERAL READERS**

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La Grippe and its treatment for general readers by Cyrus Edson

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CYRUS EDSON

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GENERAL READERS**

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AND ITS TREATMENT

FOR GENERAL READERS

BY

CYRUS EDSON, M. D.

HEALTH DEPARTMENT, CITY OF NEW YORK

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1891

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THIS LITTLE VOLUME
IS RESPECTFULLY INSCRIBED TO THE
HON. EDWARD COOPER,
EX-MAYOR OF NEW YORK CITY,
WHOSE INTEREST IN THE SUBJECT
SUGGESTED ITS PUBLICATION.

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PREFACE.

La grippe has clearly indicated, by its course during the past two years, that it intends to become, for a time at least, a naturalized denizen of the United States.

We may expect periodical outbreaks of this disease whenever favorable climatic conditions afford an opportunity for the development of the bacillus or germ by which it is caused. To the writer, therefore, it seems proper and timely that the following pages should be published.

It has been his endeavor to treat the subject so that it may be understandingly read by all who desire to inform themselves concerning the disease and to forearm themselves against it. A word of warning, however, must be sounded here. The advice given under the heading of Treatment is not intended for those who may be afflicted with *la grippe* and who are within reach of a capable medical man. To those I would say: On the appearance of the first symptom of the disease, do not attempt to treat yourself, but send at once for the physician. Nothing that you can learn from reading tracts upon single medical subjects can

qualify you to stand in the place of the doctor.

Most of this little work was published by the writer in the *North American Review* (February, 1890) under the title of *The Prevailing Epidemic*. The editor of that periodical, General Lloyd Bryce, has kindly permitted its revision and reprint here.

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