

**THE CHILD; ITS
CARE, DIET, AND
COMMON ILLS**

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The child; its care, diet, and common ills by E. Mather Sill

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E. MATHER SILL

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THE CHILD

ITS CARE, DIET, AND COMMON ILLS

BY

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TO THE
MEMBERS OF THE
AMERICAN SOCIETY OF
ZOOLOGISTS

THE QUINN & BODEN CO. PRESS
RAHWAY, N. J.

To

THE YOUNG MOTHERS

IN WHOSE INTEREST THESE PAGES WERE WRITTEN

I INSCRIBE THIS LITTLE VOLUME

281751

FOREWORD

IN this age of enlightenment the young progressive mother is not satisfied to follow the customs and dictation of her mother or grandmother. She wishes to have her methods formed upon the latest and best medical practice. She wishes to be intelligent in case of illness. She insists upon knowing the best and most scientific ways of feeding, airing, clothing, and giving out-of-door exercise. She also insists upon a knowledge of what to do in emergencies before the arrival of the doctor, and, in a general way, at least, she wishes to be able to distinguish between the different diseases which all children are more or less subject to and liable to contract.

The young mother of to-day wishes to know what to do in case of accident, injury, or accidental poisoning; she wishes to understand when it is necessary to have medical advice; in a word, she desires to acquire that confidence in herself which shall make her mistress of such situations as will most probably arise in the bringing up of her children.

To help the young mother in her efforts to attain efficiency, the author has endeavored to answer all questions that the intelligent young mother would wish to ask, and to explain the problems that are apt to confront her.

These answers and explanations are the outcome of a very large experience in the treatment of infants and young children.

The author wishes to express his thanks to Drs. Holt, Kerley, Koplik, Chapin, and others, for valuable suggestions from their works on diseases of infants and children and to his publishers, Messrs. Henry Holt and Company, for many courtesies extended to him.

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