WHAT IS MALARIA? AND WHY IS IT MOST INTENSE IN HOT CLIMATES? AN ENQUIRY INTO THE NATURE AND CAUSE OF THE SO-CALLED MARSH POISON WITH REMARKS ON THE PRINCIPLES TO BE OBSERVED FOR THE PRESERVATION OF HEALTH IN TROPICAL CLIMATES AND MALARIOUS DISTRICTS

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## C. F. OLDHAM

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THE NATURE AND CAUSE OF THE SO-CALLED MARSH POISON

WITH BUILDING

ON THE PRINCIPLES TO BE OBSERVED FOR THE PRESERVATION OF HEALTH IN TROPICAL CLIMATES AND MALABIOUS DISTRICTS.

C. F. QLDHAM, M.R.C.P.E., M.R.C.S.L.,

FELLOW OF THE BOYS MINE OF CHIROCHES LOCIETY; LATE IN PROPERL CHARGE OF DALHOUSE BANTABULA.

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### Sis Grace

THE DUKE OF ARGYLL, K.T., Erc., Erc.

This Work is,

BY HIS GRACE'S PERMISSION, MOST RESPECTFULLY DEDICATED.





### PREFACE.

The opinions expressed in the following pages, upon the origin of malarious fevers,—(a subject of worldwide interest and importance,) differ so materially from those of many men distinguished for scientific attainments and professional eminence, that I should feel much diffidence in publishing them, were they not the result of much reflection, observation, and enquiry, together with considerable experience in my own person of the diseases referred to.

Some remarks of Dr. B. W. Richardson, relating to the connection between meteorology and disease, appear so applicable to the subject treated of in this work, that I cannot do better than repeat his words.

"We observe great outbreaks of disease, and we look for their primary cause: says one, it is 'epidemic influence,' says another, it is 'germs,' 'organic germs;' says a third, it is 'malarious air,' and so on, each having a theory and adding to it some learned reason, or so-called practical inference or moral; and all omitting to enquire what may be the action, in regard to causation, of common changes of atmosphere combined or uncombined with natural physiological changes in the living organism."

Brought face to face with endemic malarious disease, in all its forms, I found it impossible, under any of the usually accepted theories, to account satisfactorily for many of the phenomena attending its production; I set myself, therefore, to find out something definite as to its nature and origin.

After much careful enquiry, I arrived at the conclusion that malaria, as a specific poison, does not exist.

Further, I became convinced, that the diseases usually attributed to "malarious influence" are caused by chill, or in other words, by the sudden abstraction of heat; and the more closely the circumstances connected with the development of these disorders were enquired into, the more firmly did this conviction become established.

I found, moreover, that the greater prevalence of "malaria" in hot climates, and the graver type of the diseases produced there, could in this way be readily accounted for; together with several phenomena, which are irreconcilable with the usually received theories on the subject.

I am of opinion that many diseases, besides ma-

larious fevers, arise from the cause which I have named; especially dysentery, hepatitis, and others with which these fevers are very closely connected. But to avoid confusion, it may be well to mention, that the term malarious disease is, in the present work, intended to apply only to the intermittent and remittent fevers, of which "malaria" is so generally considered to be the cause.

In conclusion, I take this opportunity to offer my thanks to those friends, who have kindly assisted me with information and otherwise; and especially to Dr. Thomas Inman, who long ago taught me to take nothing for granted, but to observe and to think, to which lesson is mainly due this enquiry into the nature and cause of "Malaria."

London. December, 1870.

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