

**BIENNIAL REPORT OF THE TRUSTEES
AND THE FOURTEENTH AND FIFTEENTH
ANNUAL REPORTS OF THE RESIDENT
PHYSICIAN OF THE NAPA STATE
ASYLUM FOR THE INSANE, 1890**

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Biennial report of the trustees and the fourteenth and fifteenth annual reports of the resident physician of the Napa State Asylum for the Insane, 1890 by Various

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AND THE
FOURTEENTH AND FIFTEENTH ANNUAL REPORTS
OF THE
RESIDENT PHYSICIAN
OF THE
NAPA STATE ASYLUM FOR THE INSANE.

1890.



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1890.

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OFFICERS OF THE ASYLUM.

BOARD OF TRUSTEES.

BENJAMIN SHURTLEFF, President Napa.
J. C. MARTIN Oakland.
J. Q. BROWN San Francisco.
J. F. LAMDIN Napa.
G. M. FRANCIS Napa.

TREASURER AND EX OFFICIO SECRETARY.

C. B. SEELEY Napa.

RESIDENT OFFICERS.

~~B. T. WILKINS, M.D.~~ *A. M. Gardner* Resident Physician.
L. F. DOZIER, M.D. Assistant Physician.
~~A. M. GARDNER, M.D.~~ *H. R. D. Smith* Assistant Physician.
DRIESBACH SMITH, M.D. Assistant Physician.
~~J. P. STEVENS~~ *E. H. King* Secretary.
J. M. PALMER Steward.
MRS. JENNIE HAWKES Matron.
JOHN HAWKES Supervisor.
W. H. MARTIN Druggist.
~~J. D. HAAS~~ *C. R. Smith* Steward's Clerk.

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REPORT.

To his Excellency ROBERT W. WATERMAN, Governor of the State of California:

In compliance with the law, the Board of Trustees of the Napa State Asylum for the Insane respectfully submits a report of the financial and general condition of the institution for the two fiscal years ending with the thirtieth day of June, 1890. The Board also makes a number of recommendations concerning the future management and welfare of the asylum.

There was an undrawn balance in the deficiency appropriation for the fiscal year ending with June 30, 1889, of \$4,935 57. It will be seen by the Treasurer's report herewith submitted, that the fund for the improvement of gasworks, and the fund for the improvement of floors and hallways, have been expended for the purposes for which they were appropriated.

The last Legislature appropriated \$408,800 for maintenance for the two fiscal years ending with June 30, 1891. By the terms of this appropriation, only one half of this amount, the sum of \$204,400, was available to meet the expenses of the fiscal year which closed on the thirtieth of June last. The expense for maintenance for the last named year was \$194,971 81, leaving a balance undrawn, which is available for the current fiscal year, of \$9,428 19. Vouchers for all expenditures are on file in the office of the Treasurer, except those for the contingent fund, which are filed in the office of the Resident Physician.

The following statement shows the receipts and expenditures, on account of the contingent fund, for the two fiscal years ending June 30, 1890.

To balance June 30, 1889.....	\$2,617 75
To amount received for board.....	22,790 00
To amount received for Steward's sales.....	2,246 28
To amount received for sale of land.....	256 75
To amount received for rent of land.....	10 00
	\$27,890 75

Expenditures.

Painting.....	\$298 75
Books and papers.....	166 66
Hardware.....	174 82
Waterworks.....	475 25
Garden hose and reels.....	201 06
Repairs.....	38 25
Cartmen.....	1,090 00
Improvement of grounds.....	2,066 82
Blasting powder and fuse.....	339 16
Lumber.....	1,240 32
Water pipe and castings.....	1,176 82
Brick, lime, and cement.....	607 20
Interest.....	1,380 90
Rent of telephone.....	100 00
Returned to pay patients.....	240 00
Trees and shrubs.....	258 10
Pasturage.....	60 00
Carried forward.....	\$9,888 19

Brought forward.....	\$9,888 19	
Inspection and insurance of boilers.....	285 00	
Freight.....	98 70	
Horses.....	570 00	
Labor.....	521 00	
Service of stallions.....	150 00	
Rubber boots and coats.....	54 75	
Sewer pipe.....	186 24	
Gravel.....	30 00	
Construction of cistern.....	467 00	
Hire of team.....	48 00	
Pig lead.....	26 15	
Infirmary foundations.....	3,439 11	
Slate for roof of infirmaries.....	1,117 85	
Hot house.....	722 81	
Fencing.....	125 00	
Laying flooring.....	392 00	
Fire hose and reels.....	126 00	
		\$18,240 90
To balance June 30, 1890.....		\$9,658 85

The receipts for this fund for the two fiscal years ending with June 30, 1890, amounted to \$25,282, against \$23,353 58 for the two fiscal years ending June 30, 1888, showing an increase of \$1,928 42.

On the fifteenth of December, 1888, Dr. John W. Robertson tendered his resignation as Third Assistant Physician, which was subsequently accepted by the Board. During his term of service at the asylum, Dr. Robertson displayed a commendable interest in the department assigned him, and discharged the responsible duties of his office with marked ability and success.

By authority of an Act of the Legislature, approved March 19, 1889, at the stated meeting the following April the Board appointed Dr. Driesbach Smith, of Los Angeles, as Third Assistant Physician. Dr. Smith is a young man of flattering promise in the profession, and we are happy to say is faithfully and successfully performing the important duties of his office. He receives as a compensation for his services \$125 per month.

At the regular meeting of the Board in October, 1889, after ten years of most faithful and efficient service, Dr. Frederick W. Hatch tendered his resignation of the office of Second Assistant Physician. The Board accepted his resignation with a measure of sorrow and regret, that was only mitigated by the assurance that he was about to enter a broader field of usefulness to the State, by promotion to the position of Medical Superintendent of the State Insane Asylum at Agnews.

At the monthly meeting in February, 1890, Dr. Alden M. Gardner, of Calistoga, was elected to fill the vacancy in the office of Second Assistant Physician. It gives us much pleasure to state that Dr. Gardner fills the office with a zeal, skill, and ability that proves him worthy to succeed his accomplished predecessor.

By authority of a law passed by the last Legislature, on the fourteenth of August, 1889, the Board, in consideration of the payment of \$35 75, sold to the County of Napa, for a public highway, a strip of land across the northeast corner of the asylum premises, containing an area of one and forty-seven hundredths acres.

Under the same law, the Board also sold to James Kennedy the piece of land thereby detached, embracing an area of eight acres, for \$200.

In adjusting the boundary between the asylum estate and land owned by Patrick Golden, on the line of a stone fence belonging to the asylum,

Golden conveyed by gift deed to the State a narrow strip of land containing one acre.

The total area of all lands belonging to the asylum estate is one thousand one hundred and fifty-eight and nineteen-twentieths acres.

Inspired by the broad spirit of an enlightened charity that reflects the highest honor upon the State, the last Legislature made the requisite appropriation of \$28,000 for building and furnishing the long-sought infirmaries, so urgently necessary for the relief of a class of pitiful sufferers committed to our charge. The two infirmaries, one for each sex, are already completed, and within a few weeks will be furnished and occupied.

Since our last biennial report a number of important, desirable improvements have been made. Maple floors have been laid in nine more wards, making in all twenty-one, which leaves only ten in the building with pine floors. These are wearing out and should soon be replaced with maple.

A cistern, with a capacity of ninety thousand gallons, has been constructed for storing the night drainage of the asylum, that it may be distributed in the daytime for irrigating and fertilizing purposes. Besides other improvements, another reservoir, large enough to hold twenty million gallons, is being built. The capacity of the four reservoirs is now more than forty million gallons, and, when completed, will be ample for the storage of fifty million gallons of water.

Accompanying this communication as a part thereof, is the usual interesting, instructive report of Dr. E. T. Wilkins, the Resident Physician. His report gives a complete account of all important matters pertaining to the institution for the two fiscal years just closed, and makes many practicable recommendations for the future management of asylum affairs.

During the fiscal year ending June 30, 1889, one hundred and seventy-seven patients were transferred from this asylum to the State Insane Asylum at Agnews. Number of patients in the asylum June 30, 1890, was one thousand three hundred and forty-four. The daily per capita cost for the fiscal year ending with June 30, 1889, was 41 cents; for the last fiscal year it was 40 cents. The appropriations asked by the Resident Physician for maintenance, for repairs and painting, and for building and furnishing a kitchen adequate to the wants of the asylum, are imperative necessities, and received the earnest indorsement of every member of the Board.

Respectfully submitted.

BENJAMIN SHURTLEFF,
J. C. MARTIN,
J. Q. BROWN,
J. F. LAMDIN,
G. M. FRANCIS,

Trustees.

AUGUST 25, 1890.