

**MARRIAGE AND PARENTAGE AND THE
SANITARY AND PHYSIOLOGICAL LAWS
FOR THE PRODUCTION OF CHILDREN OF
FINER HEALTH AND GREATER ABILITY BY
A PHYSICIAN AND SANITARIAN**

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Marriage and Parentage and the Sanitary and Physiological Laws for the Production of Children of Finer Health and Greater Ability by a Physician and Sanitarian by Various

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PRODUCTION OF CHILDREN

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FINER HEALTH AND GREATER ABILITY.

BY

A PHYSICIAN AND SANITARIAN.

THE VIRTUES OF MEN AND WOMEN AS WELL AS THEIR VICES MAY DESCEND
TO THEIR CHILDREN.

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THERE IS NOTHING UTOPIAN
IN HOPING FOR THE TIME TO COME WHEN
MEN AND WOMEN WILL CONSULT A WISE SANI-
TARIAN BEFORE ENTERING INTO THE
MARRIAGE RELATION.

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P R E F A C E .

IF the average standard of ability of the race in intellect, in morals, and in physical power were raised one degree during each century, the results could hardly be estimated. We should, in a comparatively short time, get rid of our thieves, our robbers, our drunkards, the licentious, the feeble and insane, and we should have so many more able men and women than now—far abler than any the world has yet produced—that life, which, with all its drawbacks, is well worth living, would be still grander and better. It seems to the writer desirable that this should be the case. It may, in part, be accomplished by education, by moral culture, and by the gradual processes of evolution, but these agents are too slow, and do not reach all the conditions of life. Education has done much for human advancement, but it also trains accomplished rascals as well. Evolution may go backward as well as forward. It seems to me the race might be greatly improved by wiser and more sanitary marriages, and by more physiological parentage. We live in a time when our greatest men are not equal to the questions of the hour. They cannot grapple with them successfully. There is great