ON THE CURE OF THE MORPHIA HABIT WITHOUT SUFFERING (PHYSIOLOGICAL DEMORPHINISATION):
WITH A NOTE ON THE PHYSIOLOGICAL METHOD OF RELIEVING THE CRAVING FOR DRINK, PP. 1-209

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# OSCAR JENNINGS

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#### BY THE SAME AUTHOR.

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# ON THE CURE OF THE MORPHIA HABIT

#### WITHOUT SUFFERING

(PHYSIOLOGICAL DEMORPHINISATION)

**251th a Rote on**THE PHYSIOLOGICAL METROD OF RELIEVING THE
CRAVING FOR DRINK

BY

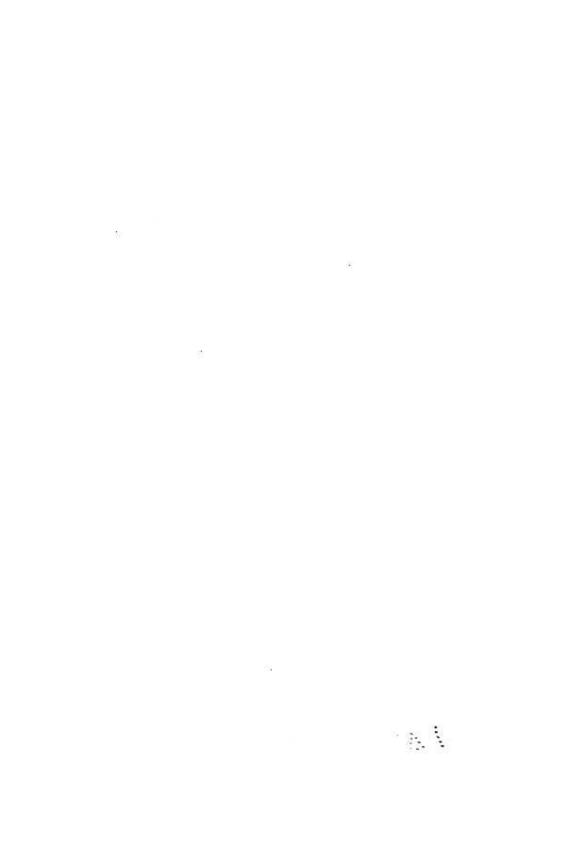
OSCAR JENNINGS, M.D. (PARIS), M.R.C.S. (Eng.)
FELLOW OF THE ROYAL MEDICO-CHIRURGICAL SOCIETY

SECOND EDITION, REVISED AND ENLARGED

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## PREFACE TO THE SECOND EDITION

THE treatment described in the present edition is essentially the same as that recommended ten years ago, being always based on the relief of the craving, by the prevention or the alleviation of its several component factors.

In order, however, to make it clearer to the reader, several changes have been thought advisable. Some chapters have been entirely re-written and others interverted in their order. Besides which a certain number of illustrative cases have been added, to show the difficulty as well as the results of treatment.

Another point to which I would call attention is the modification of the title by the addition of the words 'without suffering,' which is warranted by the constant progressive decrease of discomfort which has been the result of an ever-increasing attention to the natural indications of treatment.

Lastly, the adoption in the sub-title of the word 'Physiological,' which I use myself now for the first time, but which is currently employed by foreign writers in describing my methods. Pichon first, and after him Guimbail, Chambard, and Rodet, have applied this term to the treatment of the craving by heart tonics which is really only one of the elements of my method. The other means employed being equally 'physiological'\*—that is, answering to definite natural indications of treatment—whilst retaining the expression I shall henceforth extend it to my whole method.

O. J.

Paris, September 1, 1901.

\* The report of the American Association for the Study and Cure of Inebriety and Narcotic Addiction, amongst other favourable endorsements of my methods, says: 'The observations, it is said, of Drs. Jennings and Ball, of Paris, upon the sphygmographic tracings of the pulse of habitués we believe have laid the physiological basis for a rational system of medication.'