

# **THE ADOLESCENT PERIOD, ITS FEATURES AND MANAGEMENT**

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The adolescent period, its features and management by Louis Starr

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**LOUIS STARR**

**THE ADOLESCENT  
PERIOD, ITS FEATURES  
AND MANAGEMENT**



THE  
ADOLESCENT PERIOD

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BY THE SAME AUTHOR

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THE  
HYGIENE OF THE NURSERY

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Children

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# THE ADOLESCENT PERIOD

ITS FEATURES AND MANAGEMENT

BY

LOUIS STARR, M. D., LL. D.

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## PREFACE

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In response to many requests from readers of the "Hygiene of the Nursery" it is my purpose in this little book to present an outline of the physical and psychical changes that are to be expected in the period of life between the end of childhood and adult age. Also to point out some of the methods of management that should be adopted to combat the dangers of these trying years and reasonably insure the evolution of adolescence into healthy and useful maturity.

My book makes no pretence at being an exhaustive treatise. Its intentional avoidance of technicalities and its brevity may, I hope, make it acceptable to the ordinary reader and lead to greater interest in, and closer attention to, matters that are of vital importance to the future well-being of our boys and girls.

LOUIS STARR.



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