DOMESTIC ECONOMY FOR SCHOLARSHIP AND CERTIFICATE STUDENTS

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Domestic economy for scholarship and certificate students by Ethel R. Lush

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ETHEL R. LUSH

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Trieste

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DOMESTIC ECONOMY

FOR

SCHOLARSHIP AND CERTIFICATE STUDENTS

RY

ETHEL R. LUSH

LATE ORGANIZING MISTRESS TO THE IPSWICH SCHOOL MOAED HEAD MISTRESS OF THE IPSWICH HIGHER GRADE GIRLS' SCHOOL AUTHOR OF "LESSONS IN DOMESTIC SCIENCE," "CLASS LESSONS IN DOMESTIC ECONOMY " LTC.

COMPILED TO MEET THE REQUIREMENTS OF STUDENTS FOR THE KING'S SCHOLARSHIP EXAMINATION AND THE CERTIFICATE EXAMINATION OF THE BOARD OF EDUCATION

AL PROPERTA

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PREFACE

In preparing the present volume the author has attempted to provide for teachers a concise and clearly-written Domestic Economy which shall entirely cover the syllabus of the *King's Scholarship* and *Certificate Examinations*. While omitting nothing necessary to meet the requirements of these examinations, the writer has endeavoured to exclude extraneous matter. It has been her aim throughout to present the subject in an attractive and simple manner so as to remove from the path of the student as many difficulties as possible ; and in furtherance of this idea numerous illustrations have been introduced.

The writer has no doubt that teachers of Domestic Economy, as well as students, will find the work helpful in preparing lessons for their classes.

Domestic Economy is a subject of wide range, comprising not only the skilful Management of Domestic Affairs, and the wise Expenditure of the Income, but, in addition, the Laws of Health with the Physiological Principles underlying them, the Management of the Sick, and the Treatment of Ailments and Accidents.

The chapters on Hygiene, embracing Food and Beverages, Water, Clothing, and the Construction, Lighting, Warming, Ventilation, and Cleaning of the Dwelling, have been treated on the scientific lines now generally demanded, and would serve equally well to meet the requirements of the same sections in the syllabus for the examination in Hygiene by the Science and Art Department.

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PREFACE

The chapters dealing with Household Management, including the Duties of Servants, Domestic Cleaning, Furnishing the Home, Expenditure and Investment of Savings, have been prepared with a view to making practice and theory run hand in hand.

The portion devoted to Infectious Diseases, Ailments, Accidents, and the Management of the Sick, it is hoped will be of interest and practical utility to all who have to do with children or the direction of a home.

In conclusion, the author trusts that though specially designed for teachers the work will be found useful to all who have at heart the promotion of health and happiness.

E. R. L.

1901.

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