

**A COMMON-SENSE
VIEW OF
THE MIND-CURE**

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A Common-Sense View of the Mind-Cure by Laura M. Westall

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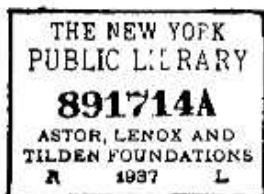


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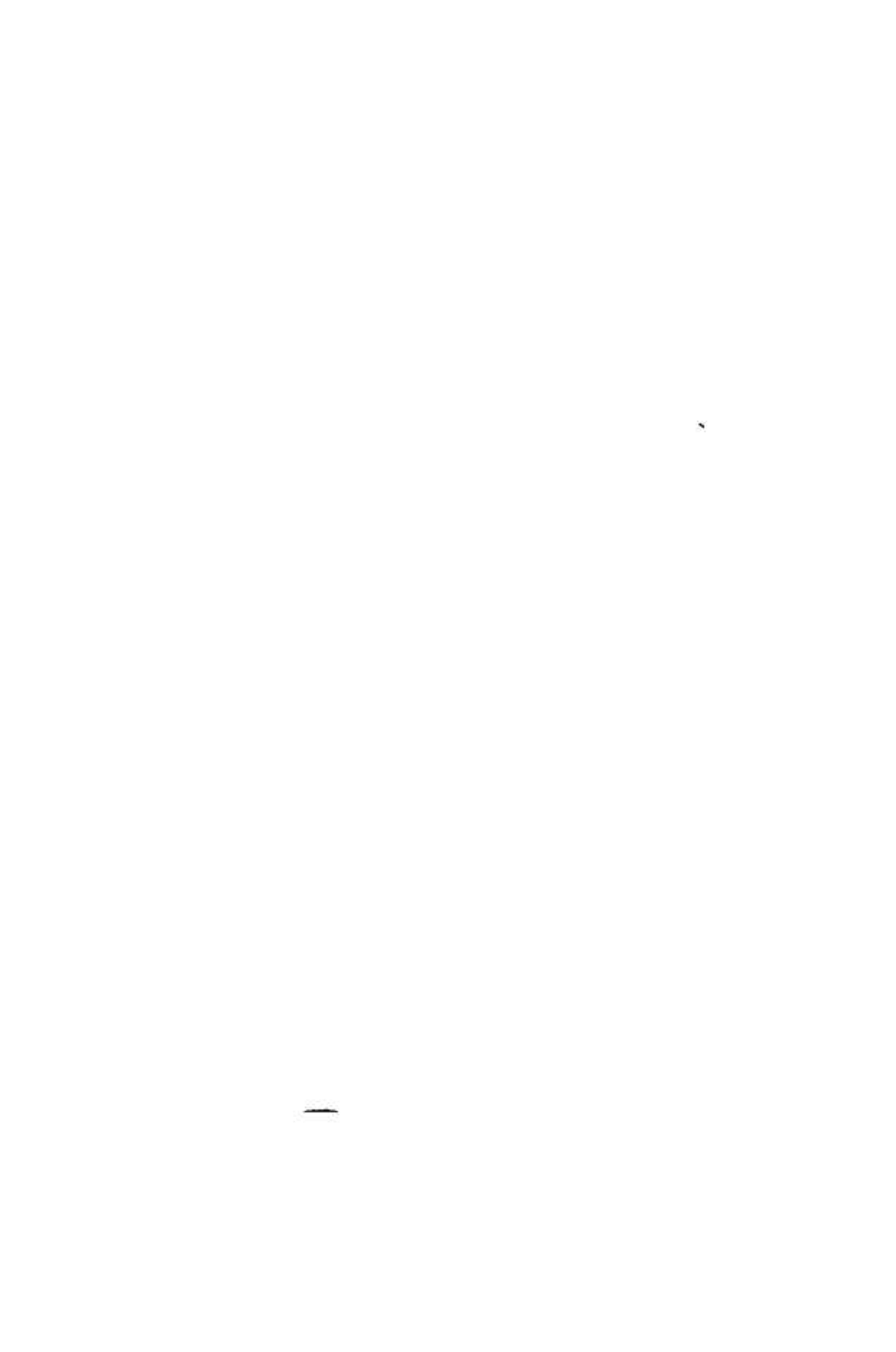
SEABURY 1908 S. G. MAY



*Out of the night that covers me,
Dark as the pit from pole to pole,
I thank whatever Gods may be
For my unconquerable soul.*

*It matters not how strait the gate,
How charged with punishments the scroll,
I am the master of my fate,
I am the captain of my soul!*

—HENLEY.



INTRODUCTION

THE Western world has been slow to recognize the power of the mind over the body by reason of the fact that our philosophers from very early times regarded the mind as an independent entity—a something to be considered quite apart from the body.

“Mind can not move matter,” they contended, because an impassable gulf exists between the two; and therefore a mental fact can not possibly be represented by a corresponding physical fact. The body, in their thought, was simply the chosen tenement of the soul, and operated independently of it. And this view in a modified form is maintained even to the present day by the adherents of the old psychology or metaphysical school.