

**"CHRIST OUR LIFE:"
READINGS FOR
SHORT SERVICES
AND QUIET MEDITATION**

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"Christ Our Life:" Readings for Short Services and Quiet Meditation by Frederick Whitfield

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"CHRIST OUR LIFE:"

*READINGS FOR SHORT SERVICES
AND QUIET MEDITATION.*

BY

REV. FREDERICK WHITFIELD, M.A.

VICAR OF ST. MARY'S, MASTINGS;

AUTHOR OF "VOICES FROM THE VALLEY," ETC. ETC.

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PREFACE.

THE following pages are issued with two objects:—

First; they may be used for daily meditation on rising or retiring to rest, in the quiet chamber, when none but God is near.

Secondly; for short services in sick chambers, or for invalids. Many a child of God suffers from infirmities of such a nature that none but a very short service can be borne. This may be carried out by reading the whole chapter, or a portion of it, from which the text is taken; then the address, and the poem. This may be preceded or followed by a short prayer, thus compressing the entire service within ten minutes or a quarter of an hour.

I am aware of the many and great deficiencies which mark these addresses. But they have been issued with one desire and one aim—to glorify Jesus. May He thus use them, by His Holy Spirit, for this end is my earnest prayer!

ST. MARY'S, HASTINGS,
October, 1885.

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"JESUS ONLY."

MATTHEW xvii. 8.

OH that "Jesus only—none but Jesus," were indeed the one desire of all the Lord's redeemed people!

It will be unreservedly the heart-utterance of all in glory, as their unwavering, enraptured gaze for ever rests on *Him*.

But while all His people say, "None but Jesus," as regards the foundation upon which they are resting for salvation, as regards a shelter from the wrath to come, and while they all say, "None but Jesus," as regards a refuge in trouble, alas! all do not say, "*None but Jesus*," as regards their *springs of enjoyment*. No; you see very many going into the world for enjoyment, for pleasure, for recreation, as it is called. "*Harmless recreation!*" Oh what a tale this tells! How it tells how little the attractiveness of Jesus is perceived by His people—how little they are enamoured by His loveliness, fascinated by His beauty! If it were so, they would find their hours of pleasure and of recreation in feasting on Him, and they would say, "Jesus is enough—none but Jesus as the source of en-