

**THE SPIRITUAL
UPLANDS: DAILY
STEPS IN THE ASCENT**

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The Spiritual Uplands: Daily Steps in the Ascent by John Henry Jowett

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JOHN HENRY JOWETT

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*The
Spiritual Uplands*

*Daily Steps
in the Ascent*

By
JOHN HENRY JOWETT

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"COME YE APART"

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JANUARY,

January 1.

*MY presence shall go with Thee, and I shall give
Thee rest.*

—Exodus 33: 14.

Where is my road going to lead?
Will it be green lane or stony steep?
Will it be clear and legible as a turn-
pike, or faint and doubtful like an un-
certain track across the moor? I do not
know. But our text entwines the gra-
cious offer of a great Companion for the
unknown and changing road. It prom-
ises the destruction of loneliness but not
the dispersal of the mist.

My Father God, Thy Presence makes every-
where a royal road. Thy companionship always
leads to the Holy City. Every day's journey is
a day's march nearer home. Help me to trust
and not be afraid. For Christ's sake. Amen.

January 2.

*AND you, being dead in your sins . . . hath
He quickened together with Christ.*

—COLOSSIANS 2:13.

This is the resurrection of the soul. It is her spiritual spring-time. The Lord Jesus visits us in our deadness, and lo, the winter is over, and God makes the flowers appear on the earth, and the time of the singing of birds has come.

Heavenly Father, I pray that I may rise in Christ Jesus into newness of life. If I am already risen let me rise into loftier glory. Give me an eager spirit which will not rest until I awake in the likeness of Christ. For His sake. Amen.

January 3.

*STAND . . . having your loins girt about
with truth.*

—EPHESIANS 6:14.

It is truth that is like the girdle that binds the loose energies into compact strength. Without truth we are all at sixes and sevens. Without truth everything is lax and indecisive. Truth binds

"COME YE APART"

us into unity and makes us masters of our task.

Holy Father, may my life be girt about with Thy truth. Let not my life be broken up by untruth and spiritual indolence. Gather my energies into obedience to Thy holy will. Let all that is within me bless Thy holy name. For Christ's sake. Amen.

January 4.

GROW in grace and in the knowledge of our Lord and Saviour, Jesus Christ.

—2 Peter 3:18.

Were we to live on our yesterdays our growth would be arrested. We cannot live on yesterday's manna; we are to gather fresh bread to-day. There is a perilous contentment which is the harbinger of death. When we cease to grow we begin to decline. Our safety is in increase.

O Lord my God, make me wise unto salvation. Save me from being drugged by my attainments. Let not the little which I know send my soul asleep. Keep me awake, and active, and progressive, and let me put on strength from day to day. For the Saviour's sake. Amen.