

**THE MEDICAL
INSPECTION OF GIRLS IN
SECONDARY SCHOOLS**

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The medical inspection of girls in secondary schools by Catherine Chisholm

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FOR GIRLS

WITH DIAGRAMS

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NO ADM
APPROVED

TO THE MEMORY
OF
MY FATHER
KENNETH MACKENZIE CHISHOLM
M.D., J.P.
WHO AS TEACHER AND PHYSICIAN ADVOCATED
THE HEALTHY DEVELOPMENT AND EDUCATION OF GIRLS
THIS BOOK IS IN GRATITUDE
DEDICATED

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PREFACE

THE high schools for girls which have come into existence since the Schools Inquiry Commission of the 'Sixties had the advantage of making a fresh start, of establishing a new tradition. Those of us who remember these early days know well that no small part of that tradition was a new respect for health and vigour of body as well as of mind. Indeed, one characteristic feature of the whole movement for the higher education of women has been the stress laid on physical training and hygiene, so far as these have been understood; in some of the pioneer schools medical inspection by a woman doctor was customary a generation ago, and for years in the "Girls' Public School Year Book" have appeared in many prospectuses the names of medical officers. But, at the present time, a marked impetus has been given to medical inspection in secondary schools by the Act establishing medical inspection in primary schools, and by the general public interest in the maintenance of health, and in the prevention of disease and physical disability. The problems of the school have also become more urgent: we have many delicate children brought to us for education; the standards of examination have risen, risen dangerously; parents and children