# DEVOTIONS FOR THE QUARANT' ORE AND OTHER TIMES OF EXPOSITION AND BENEDICTION

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Devotions for the quarant' ore and other times of exposition and benediction by Anonymous

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## **ANONYMOUS**

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EXTRACTED PROM APPROVED SOURCES.

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## Perotions for the Onarant' Ore.

#### ACT TO BE MADE AT THE BEGINNING OF EACH VISIT TO THE MOST HOLY SACRAMENT.

My Lord Jesus Christ, who for the love which thou bearest to men dost remain day and night in this Sacrament, full of mercy and of love, inviting, expecting, receiving all them who come to visit thee, I believe that thou art present in the blessed Sacrament of the Altar. I adore thee, confessing my own misery and nothingness, and I thank thee for all the mercies which thou hast bestowed upon me, especially for having given me thyself in this Sacrament, for having given me thy most holy Mother Mary for my advocate, and for having called me to visit thee at this time. I salute thy most loving heart, and I desire to do so for three ends: 1. in thanksgiving for this great gift; 2. to atone for all the injuries thou hast received from thine enemies in this Sacrament; 3. to adore thee in all places in which thou art least honoured and most neglected in the boly Sacrament. O my Jesus, I love thee with all my heart; I am sorry for having hitherto displeased thy infinite goodness; I resolve, with the assistance of thy grace, never more to offend thee; and at this moment, miserable as I am, I desire to consecrate my whole being to thee. I give thee my will, my affections, my desires, and all that I have. From this day forward do with me, and whatever belongs to me, what thou pleasest; I ask and desire only thy love, the gift of final perseverance, and the perfect accom-plishment of thy holy will. I recommend to thee the souls in purgatory, particularly those who were most devout to the blessed Sacrament and to holy Mary; and I recommend to thee all poor sinners. Finally, my dear Saviour, I unite all my affections with those of thy most loving heart; and thus united, I offer them to thy eternal Father, and I beseech him in thy name, and for thy sake. to accept them. Amen.

# ACTS OF ADDRATION BEFORE THE MOST HOLY SACRAMENT.

Hail, Salvation of the world, Word of the Father, holy Host, true Life, living Flesh, perfect Deity, true Man, Body of our Lord Jesus Christ; thou who didst form me from the dust of the earth, have mercy upon me a sinner. Amen.

Hail, most merciful Jesus, Son of God and of the Virgin Mary, who didst so love me as to be pleased to die for me, and to give thyself to me as my support, my sacrifice, and my reward; be thou, with the Father and the Holy Ghost, bleased by all and above all for ever.

I grieve for all my sins, purely because they have displeased thee, and I resign myself to thee, and annihilate myself before thee. Supply, O merciful Jesus, for all the imperfections of us thy people, for whom thou didst deign to die, through the merits of the most blessed Virgin Mary and of all the Saints, which I offer thee in union with thine own most sacred merits, to be represented before the eternal Father. O holy Father, look upon the face of thy Christ, and grant us the grace to know thee, to love thee, and to praise thee, together with thy beloved Son and the Holy Spirit, now and for ever.

All my holy patrons, and thou first, O most blessed Mother of God, praise the Lord with me, and let us exalt his name for ever. Amen.

O Lord Jesus Christ, true God and man, I humbly adore and invoke thee, now present in the verity of thy fiesh and blood, thy body and soul. Would that I could truly contemplate and know thee, that I could love, praise, and glorify thee, even as do the thousands of holy angels who contemplate thee with the highest joy, who know thee, love, praise, and glorify thee perfectly without weariness or interruption. All creatures justly celebrate with praise and thanksgiving that ardent love of thine by which thou didst offer thy innocent and precious body upon the altar of the cross, and didst so lovingly,

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so graciously, so affectionately leave us in this holy Sacrament the same body, living and immortal, as a remembrance of thy departure, and as a pledge of thine infinite love.

Thou, therefore, O Lamb of God, who takest away the sins of the world, have mercy upon us, and give us peace; and so refresh our souls continually with this spiritual food, that we may never, in life or death, be separated from thee and from thy infinite mercy. Who livest and reignest for ever and ever. Amen.

O infinite Wisdom, which cannot be deceived; O immense Goodness, which cannot deceive; great and eternal Truth, my Lord and God, I believe in thee, and I believe thee in all which thou hast revealed, and which thou proposest to me to be believed through thy holy spouse the Church; and for this holy faith I am ready, by thy grace, to die. I hope in thee, O our eternal Beatitude, and through thy infinite mercy and most precious merits, I trust that thou wilt grant me the pardon, grace, and glory which thou hast promised, with all the necessary means for attaining them; and I acknowledge and profess that I depend wholly upon thee, that I can do nothing without thee, but that through thee I can do all things. I love, and will love thee, and all things that thou lovest, O infinite fountain of all good, because thou art good in thyself, and infinitely to be loved. rejoice in thy infinite perfection, beatitude, and loveliness; and in all the homage, praise, honour, and glory which has been, is, or can be rendered to thee by thy elect and by all creatures. All these I offer to thee, along with every service and affection of my heart and my life itself.

I firmly embrace thee and thy blessed will in all things with the arms of love and resignation; I venerate thee with every possible feeling of reverence, affection, and gratitude; and I desire to embrace, love, and venerate thee for ever, if thou wilt mercifully grant that I may not be separated from thy grace and love here, or fail in at-

taining thy happy vision hereafter.





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