

**A BOOK FOR THE
SABBATH; IN
THREE PARTS**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649376735

A book for the Sabbath; in three parts by J. B. Waterbury

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J. B. WATERBURY

**A BOOK FOR THE
SABBATH; IN
THREE PARTS**

A

BOOK FOR THE SABBATH;

IN

THREE PARTS.

I.—ORIGIN, DESIGN, AND OBLIGATION OF THE SABBATH.

II.—PRACTICAL IMPROVEMENT OF THE SABBATH.

III.—DEVOTIONAL EXERCISES FOR THE SABBATH.

BY

J. B. WATERBURY,

AUTHOR OF "ADVICE TO A YOUNG CHRISTIAN," AND
"THE HAPPY CHRISTIAN."

"The sabbath was made for man."

LONDON:

THE RELIGIOUS TRACT SOCIETY;

Instituted 1799.

SOLD AT THE DEPOSITORY, 56, PATERNOSTER ROW,

AND 65, ST. PAUL'S CHURCHYARD;

AND BY THE BOOKSELLERS.

PREFACE.

THIS work is divided into three parts. In the first, the author has aimed to present the broad and deep scriptural foundations on which the institution of the sabbath rests. In the second part, he has dwelt at length on the practical improvement of the day; showing how it may be sanctified, and in what ways it is commonly profaned. The third part embraces a series of meditations and prayers, the number answering to the number of sabbaths in the year, and prepared with a view to assist the Christian in his private devotions. Some of these are appropriate especially to the sabbath; some respect the sacrament; others are intended to apply to the seasons of the year; many of them are suited to persons in affliction; and all, it is hoped, are such as the pious soul will love to think upon in retirement.

Although this volume is entitled "A Book for the Sabbath," yet as the third part is purely devotional, and applies to the secular as well as to the sacred part of the week, it may prove to some a useful manual in the religious exercises of the family and the closet.

It is needless to dwell on the importance of the subject. The convictions of the entire Christian community are in favour of a more strict observance of the Lord's day. Let the reform begin at the house of God. Let the outer and the inner court of the temple be first purified. A principal design of the author is, to urge upon the church a conscientious discharge of sabbath obligations; believing that when their example is right, this blessed day, if not rescued entirely from profanation, will, at least, exert its legitimate influence; and will serve to check the inundation of vice, which, rapidly augmenting, threatens to sweep away even this bulwark of salvation.

Hudson, N. Y. Oct. 1840.

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