

**GET WELL, STOP
DODDERING**

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Get well, stop doddering by James R. Nickum

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JAMES R. NICKUM

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DODDERING**

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BY
JAMES R. NICKUM

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This picture was taken when the author was "60" and a number of months before he reached his worst stage.



The author three years later.
This result was accomplished wholly by
natural means, and without the use of any
drugs or medicines whatever.

THIS LITTLE BOOK
IS DEDICATED
TO THE
"SWEETEST GIRL I KNOW"



MY "WEE" DAUGHTER
"MARJORIE"

