

**GOLDEN RULES OF PEDIATRICS; APHORISMS,
OBSERVATIONS, AND PRECEPTS ON THE
SCIENCE AND ART OF PEDIATRICS: GIVING
PRACTICAL RULES FOR DIAGNOSIS AND
PROGNOSIS, THE ESSENTIALS
OF INFANT FEEDING, AND THE PRINCIPLES OF
SCIENTIFIC TREATMENT**

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Golden rules of pediatrics; aphorisms, observations, and precepts on the science and art of pediatrics; giving practical rules for diagnosis and prognosis, the essentials of infant feeding, and the principles of scientific treatment by John Zahorsky

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JOHN ZAHORSKY

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GOLDEN RULE SERIES

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OF
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TREATMENT

↓
BY

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THOR OF "BABY INCUBATORS," ETC.

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THIRD EDITION
REVISED AND ENLARGED

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1913

TO
E. W. SAUNDERS, M. D.,

OF ST. LOUIS,

AS A SINCERE TRIBUTE TO HIS PROFESSIONAL ABILITY
AND CHRISTIAN CHARACTER,

THIS BOOK IS DELICATED BY HIS GRATEFUL FRIEND,
THE AUTHOR.

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1913

PREFACE TO THE THIRD EDITION.

The enormous literature on the subject of Pediatrics in the last few years can be digested only by the specialist; the general practitioner must depend on the practical conclusions arranged by some one else. The third edition of this work is offered with increased confidence that the general practitioner finds short propositions on the practical work of pediatrics helpful. A few additional suggestions have been added in the sections on diagnosis and treatment.

JOHN ZAHORSKY.

March 1st, 1913.

PREFACE TO THE SECOND EDITION.

Additional observation and experience has confirmed my conviction that short, practical rules are interesting and useful. The favorable reception accorded the first edition also indicates that medical maxims are welcome to busy practitioners. Quite a number of new rules that experience has demonstrated to be useful have been added to this second edition under the various headings.

This work should by no means be considered a textbook for teaching the subject of pediatrics. Its purpose, as indicated in the preface to the first edition, is to furnish the busy practitioner with practical suggestions in diagnosis and treatment. It is especially in diagnosis that certain concise directions are helpful; for example, when a child complains of pain and tenderness in the right iliac region, it is well for the physician to bear in mind that an examination of the right lung is necessary. Working formulas receive the greater consideration when stated in terse propositions.

I feel, therefore, that this simple book of maxims will have a place in the general practitioner's library.

JOHN ZAHORSKY.

St. Louis, April, 1911.

PREFACE TO THE FIRST EDITION.

Ever since the days of Hippocrates, aphorisms have been a favorite mode of expressing the essential truths of a medical science. Especially today, when the modern spirit of investigation has made the art of pediatries depend on so many scientific inquiries, it is necessary, at times, to state essential practical points in a concise form. In reading an elaborate textbook there are some propositions which naturally make a stronger impression on the mind than others equally important; hence some kind of guide is necessary to pick out the most valuable conceptions.

In the following pages the aphorisms and precepts are composed of propositions which, to me, appear the most valuable; it is entirely a personal choice. I will be pardoned if some precepts emphasize points which I believe the general profession has overlooked or wherein it has erred. We all have "cypress trees" which we paint in every picture.

Here and there, as will be noticed, additional propositions of less importance have been added in order to make the subject more complete.

The knowledge herein conveyed is the knowledge of the profession; for the mode of presenting it I

am alone responsible. Some favorite ideas are controverted by good authority, but nevertheless a book of aphorisms, having personal views back of it, is probably more interesting, if not more valuable, than a compendium of undisputed maxims.

JOHN ZAHORSKY.

St. Louis, August, 1906.