

**COMFORT IN  
SLEEPLESS NIGHTS**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649380718

Comfort in sleepless nights by Anne Chambers

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.  
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

[www.triestepublishing.com](http://www.triestepublishing.com)

**ANNE CHAMBERS**

**COMFORT IN  
SLEEPLESS NIGHTS**



COMFORT  
IN  
SLEEPLESS NIGHTS.

*Passages Selected*

By Anne Chambers.

“ If sleepless in the night I lie,  
My soul with heavenly thoughts supply ;  
Let no ill dreams disturb my rest,  
No powers of darkness me molest.”

LONDON:  
THOMAS HATCHARD, 187 PICCADILLY.  
1858.

*141. c. 14.*

These passages were selected a few years ago for an invalid, during a long illness, in which the most trying feature was want of sleep. He kindly said he found them soothing and consoling. They are now published in the hope that others may receive the like comfort from them.



“ Where’er I roam, whatever realms to see,  
My heart untravell’d fondly turns to thee ;  
Still to my brother turns with ceaseless pain,  
And drags at each remove a lengthening chain ;  
Eternal blessings crown my earliest friend,  
And round his dwelling guardian saints attend.”

No. 1.

---

There hath no temptation taken you but such as is common to man; but God is faithful, who will not suffer you to be tempted above that ye are able; but will, with the temptation, also make a way to escape, that ye may be able to bear it.

1 COR., X, 13.

“What treasures of love are laid open in this Scripture. Read, O my soul, and adore the exceeding riches of thy Heavenly Father’s grace; He knew how needful afflictions were, both for the flesh and for the Spirit; and therefore he appointed thee thy portion, and he has in mercy informed thee of his design in them. He has revealed his will for the ground of thy faith, that when he sends them thou mightest experience the blessings promised to his suffering children. The belief of his love in proportioning them to the ability given thee to bear them, would administer joy in sorrow, “Thy joy would exceed thy sorrow;” “Heaviness may endure for a night but joy cometh in the morning.”

---



No. 2.

---

Take no thought for to-morrow — for the morrow shall take thought for the things of itself; sufficient for the day is the evil thereof.

MATTHEW, VI, 34.

“The transient joys and sorrows of the present life are not worth our solicitude; all our temporal and eternal interests are in the Lord’s hands; we should therefore be anxious for nothing except to know the state of our souls and the path of duty. We should carry unto God all our sorrows, fears, wants, or trials; for though he knows them beforehand he loves to hear them from us. Whatever our difficulties may be, we have always cause to unite grateful praises with our prayers and supplications: and in this we shall find inward satisfaction, and experience that peace of God which passeth all understanding.”

“Through all the dangers of my way,  
Give strength sufficient for the day;  
In all my grief thine aid impart,  
To raise my head and cheer my heart.”

“O let thy hand support me still,  
And bring me to thy Holy Hill,  
Where sin and grief and pain shall cease,  
And all is calm and joy and peace.”

---

No. 3.

---

The Lord hear thee in the day of trouble,  
the name of the God of Jacob defend thee,  
send thee help from the Sanctuary, and streng-  
then thee out of Sion.           PSALM XX, 1, 2.

“ All help and strength in the time of danger  
and sorrow, must be obtained by prayer from  
the heavenly Sion, which is in the Jerusalem  
above, and from the eternal temple thereon  
constructed. By this help and strength the  
Great Captain of our Salvation conquered, and  
his people must conquer through the same.”

“ Guide me, O thou Great Jehovah,  
Pilgrim through this barren land ;  
I am weak, but thou art mighty ;  
Hold me with thy powerful hand.”

---

Be careful for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.

PHILIPPIANS IV, 6.

1

“Prayer is the Christian’s vital breath,  
The Christian’s native air,  
His watchword at the gates of death,  
He enters heaven with prayer.”

2

“Prayer is the contrite sinner’s voice  
Returning from his ways,  
While angels in their songs rejoice  
And say, “Behold he prays.”

3

“Nor prayer is made on earth alone;  
The Holy Spirit pleads,  
And Jesus on the eternal throne  
For sinners intercedes.”

4

“O Thou, by whom we come to God,  
The life, the truth, the way,  
The path of prayer thyself hast trod;  
Lord, teach us how to pray.”

---