

**THE CARE AND FEEDING OF
SOUTHERN BABIES: A GUIDE FOR
MOTHERS, NURSES AND BABY
WELFARE WORKERS OF THE
SOUTH**

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The Care and Feeding of Southern Babies: A Guide for Mothers, Nurses and Baby Welfare Workers of the South by Owen H. Wilson

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OWEN H. WILSON


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WELFARE
WORKERS OF THE SOUTH**



"Brer Fox, he wink his eye slow, en lay low,
en de Tar Baby, she ain't sayin' nothin'."

THE CARE AND FEEDING of SOUTHERN BABIES

*A Guide for Mothers, Nurses and
Baby Welfare Workers of the South*

By 
OWEN H. WILSON, M.D.
Professor of DISEASES OF CHILDREN
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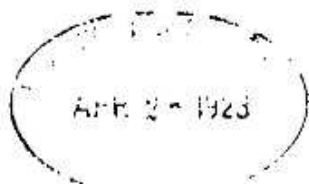
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PREFACE

The excuse for adding another to the long list of Mothers' Guides is the necessity for special restrictions in diet and clothing for Southern babies, for whom similar works written for cooler climates are inapplicable and unsafe.

The purpose of the author has been to make this treatise as practical as possible, avoiding ultra-scientific and professional discussions.

The growing interest in child-welfare signifies the more general appreciation of the fact that correct feeding and hygiene during childhood determine the mental and moral, as well as the physical characteristics of the man. We cannot expect enterprising future citizens unless our babies are healthy and thriving.

The repetitions in the text are deemed necessary for completeness and emphasis.

OWEN H. WILSON.

1620 WEST END AVENUE,
NASHVILLE, TENN.



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