THE EMANATION BODY

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649264698

The Emanation Body by Julia Seton

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd. Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

JULIA SETON

THE EMANATION BODY



Jours and Some Man



THE EMANATION BODY

3

JULIA SETON, M. D.

3



Published by JULIA SETON, M. D. Los Angeles, Cal. 1918

984 d 54 g5

Copyright, 1918, by JULIA SETON, M. D.

CHAPTERS

U

	INTRODUCTION	•	•	٠		•	•	2	7
I.	WHAT IS THE EMA	NA	TION	ВС	DY	-	ũ	82	9
п.	WHAT IS THE FOOL	BC	DY		٠		ě	-	11
ш.	THE REAL VALUE	OF I	FOOD			•		9	13
IV.	FASTING AND BRE	ATI	iing	•	•		5 33	375	17
V.	RULES FOR FASTIN	G	٠		•	•	=	. •	28
VI.	RULES FOR BREATI	IIN	3	٠	i a	-	*		31
VII.	THE IMMACULATE	BIF	ТН		(*)	•	*	i.	34



Introduction

There are some things so true that no amount of proof can make them more true; yet to those who do not follow the higher forms of thinking, it becomes impossible to explain or verify them. But in spite of the skeptical mind and the scoff of the scorner, the old things must pass away and new things, born from new ideas, must come forth.

These are the days of new thoughts, new statements and new actions, and all these new things rest upon the deeper intellectual and spiritual insight of the race.

The first really new freedom of thought was directed toward the material universe, seeking a fuller and more harmonious self-expression in form.

The old civilization consciousness passed through the revelation of matter, then on to mind, while the New Civilization of today is passing back again through labyrinths of mind to astounding discoveries in matter.

The first really new discovery in mind was directed toward a finer understanding of the physical body and strange new psychological relationships of health and disease were discovered.