# POCKED GUIDE. VICHY AND ENVIRONS

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Pocked Guide. Vichy and Environs by J. F. Gros

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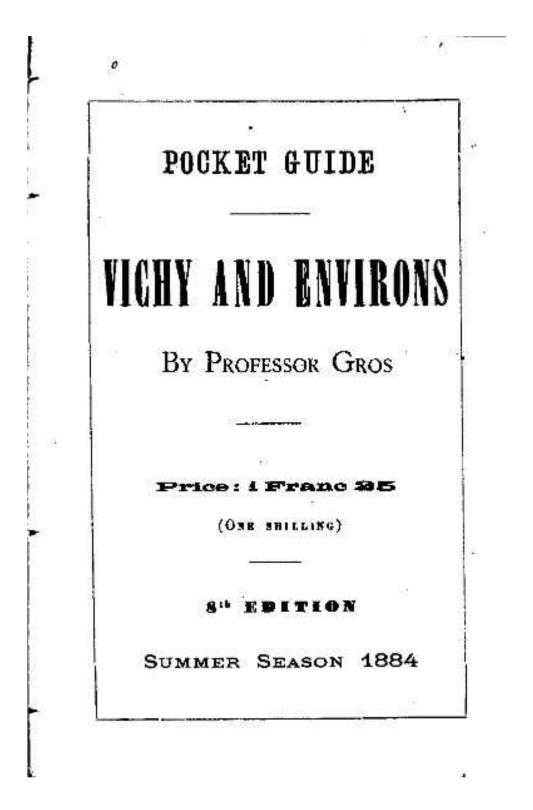
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# POCKED GUIDE. VICHY AND ENVIRONS





PROPERTY OF THE FRENCH GOVERNMENT Leased by the

KC 3044

### COMPANY FERMIÈRE

OF THE

### THERMAL ESTABLISHMENT OF VICHY

(Limited)

An anonymous Society Muisistratios : 22, BOULEVARD MONTMARTRE, Paris

#### VICHY WATERS

#### DANGER OF ARTIFICIAL WATERS

Go to the natural Springs, says D' Bourdon, nature is
 far better then the laboratory.

I cannot blame in too strong terms the use of artificial mineral waters. They never replace those of the
natural Springs: to give the name of Vichy water to a
mere solution of bicarbonate of soda is as great an
abuse of language as to give the name of wine to a
mixture of cream of tartar, alcohol and mineral salts,
which wine furnishes, when analysed. •

D' BARTHEZ.

BY Excanase an 31,1940

#### EXPORTATION AND PRESERVATION

The Vichy waters are remarkable for their keeping qualities and, even after a great lapse of time, the elteration that takes place is inconsiderable. The bottles should be kept lying down in a dry place. These powers of preservation are as much due to the natural quality of the water as to the extreme care taken in bottling them.

#### MANNER OF EMPLOYMENT

The best manner of using the Vichy waters is to take the dose prescribed half in the morning before breakfast and the rest with the meals : in the morning, pure ; at meals, mixed with wine. The ordinary dose of Vichy is one or two bottles per day. The regimen should be subordinate to the phases of the disease and to the requirements of the organization.

## APPLICATION IN MEDICINE

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#### OF THE

### DIFFERENT SPRINGS

#### GRANDE-GRILLE

Lymphatic affections, maisdies of the digestive organs, enlargement of the liver, visceral obstructions and bilious calcult.

#### HOPITAL

Has much analogy with the Grande-Grille, but is less exciting, and adapted for the use of delicate invalids, nervous or disposed to congestion or hemorrhage. This water acts equally in affections of the stomach, digestive organs, heaviness of the stomach, difficult digestion, want of appetite, gastralgia or dyspepsia.

#### CELESTINS

Affections of the spine, kidneys, bladder, gravel, urinary calculi, gout, diabetes, albumen,

#### HAUTERIVE

Is, like the *Celestins*, prescribed for effections of the spine, kidneys, bladder, gravel, urinary calculi, gout, diabetes, albumen, etc. its excess of carbonic acid renders it very fit for exportation and most adapted to replace the water taken fresh from the spring. Its gaseous qualities and the facility with which it is supported by the stomach recommend it no less than its excellent therapeutic results.

These waters are sent out in cases of 50 quarts (litres) or pints (demi-litres).

To avoid Counterfeits and Imitations REQUIRE The following capsule SEALING EACH BOTTLE OF THE SPRINGS OF THE STATE



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### NATURAL MINERAL SALTS

#### FOR

# VICHY BATHS AT HOME

The natural Salts of Vichy are extracted from the mineral waters by a special process. This operation is carried on under the surveillance of the Company sgents and the products are marked with a distinctive seal heating the Company stamp.

These Salts added to water, in preference to the bicarbonate of soda of commerce, constitute the artificial VICHY BATHS which should be taken while the water is being drunk, with the sanction of the medical attendant, when they are likely to have a very beneficial effect. The treatment at home can be well followed up by these whose occupations, infirmities, distances, etc., prevent from visiting Vichy.

. The Salt does not injure the enamel of the Bath and is sold in rouleaux weighing about nine ounces.





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ON THE LOZENGE ON THE LOZENGE OF THE THERMAL ESTABLISHMENT



The Lozenges of the Establishment thermal of Vichy are prepared from the natural mineral extract from the Sources. They form an agreeable bonbon and assist the action of the mineral waters and have a very decided effect in difficult digation. They soothe the stomach and saturate the actids of the digestive organs.

These Lozenges are flavoured with Peppermint, Citron, Vanille, Rose, Tolu, Orange Flower, and Aniseed, and are also without taste.

They must be kept in a warm and dry place, away from damp.

# BATH SEASON AT VICHY

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The Establishment of Vichy is one of the largest in Europe at the disposal of invalids, having 350 baths, and, owing to the perfect organization of the service, is capable of giving 3,000 baths per-day.

There we find Bouches and Baths of all kinds: vapour, carbonic acid gas and other baths; the means of inhaling carbonic acid, oxygen and other gases, the pulverisation of mineral waters, etc., etc.; and in fact, all the bathing and other arrangements are most complete.

The regular Season commences the  $15^{m}$  of May and finishes the  $30^{m}$  of September, but the Establishment is open all the year, and many invalids prefer following their treatment after the season is over, the tranquillity and beautiful weather generally prevailing at Vichy in the months of October and November contributing no little to their cure, nor is the time less favourable between February 15<sup>m</sup> and May 15<sup>m</sup>

Ball-room, Concert-room, Lecture-room, rooms for Conversation, Carda, Billiards, Smoking; saloons for Ladies — Theatre containing 1,000 persons. — Magnificant Café in the Park, etc.

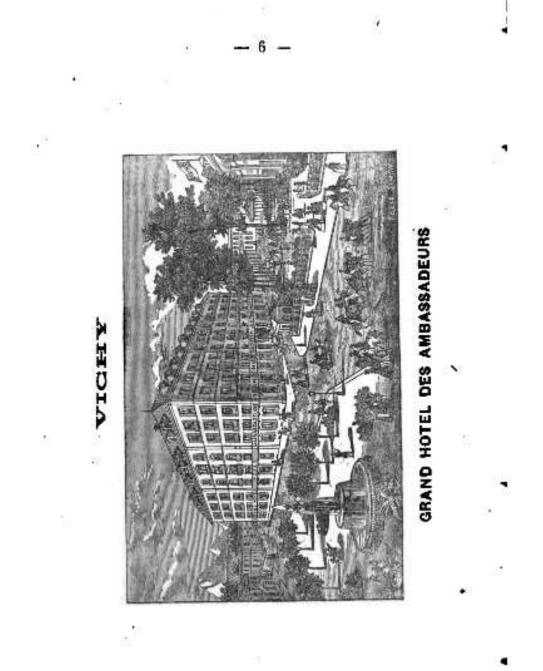
Every day, from 15<sup>th</sup> May to 30<sup>th</sup> September, Dramatic and Lyrical entertainments, Comedy, Vaudeville, Operettas, Concerts, etc., by the first artists of Paris.

The Promenades in the environs of Vichy are many and full of interest.

#### All the Railways conduct to Vichy.

All particulars about the journey to Vichy, hours of Bathing, cost of Board, Hotels, Apartments, etc., are sent gratuitously on receipt of a prepaid application.

Write free to Paris, 22, boulevart Montmartre, or to Vicby, the Establishment thermal.



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### GRAND HOTEL

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DES

# A M BASSADEURS

First class House

Most frequented by the English and American Gentry visiting Vichy.

100 million (100 million)

SITUATED IN THE VERY BEST PART Facing both the Park and the Concert square, close to the Baths and Springs, at a few yards from the Post and Telegraph office.

SPLENDED REPUTATION FOR WINE AND COOKERY

200 rooms. - 20 family saloons. -Reading-room. - Large saloon for soirées, containing 600 persons. -Billiard-room. - Smoking-room

PRIVATE ATTENDANCE

OMMIBUS SERVICE TO THE STATION ENGLISH SPOKEN ROUBEAU, Prop.