

**FOOD SAVING AND SHARING:
TELLING HOW THE OLDER CHILDREN
OF AMERICA MAY HELP SAVE
FROM FAMINE THEIR COMRADES IN
ALLIED LANDS ACROSS THE SEA**

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Food Saving and Sharing: Telling How the Older Children of America May Help Save from Famine Their Comrades in Allied Lands Across the Sea by Olin Templin

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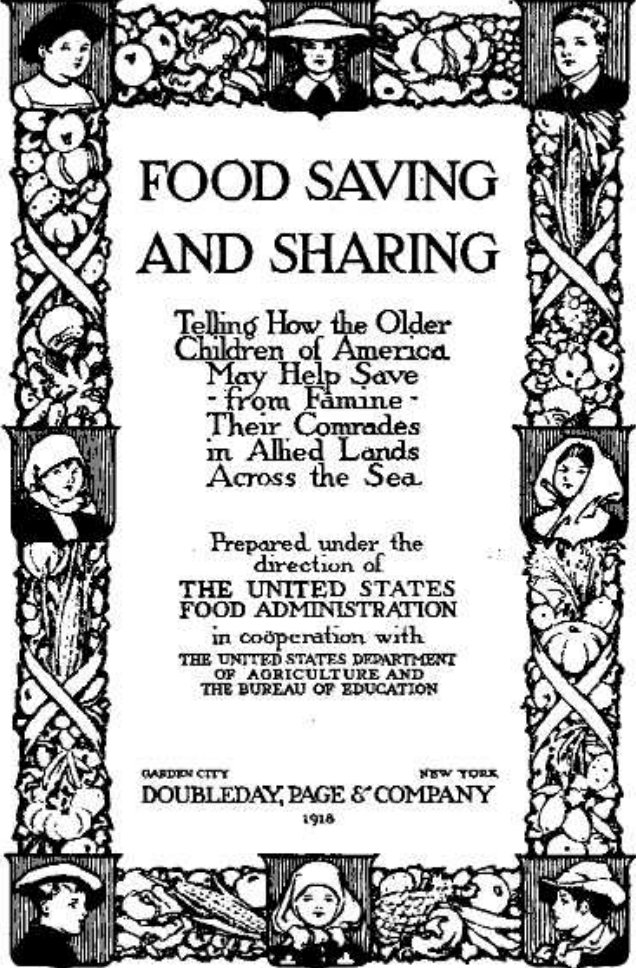
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A decorative border surrounds the text, featuring illustrations of people and food. At the top, from left to right, are a woman's head, a woman in a hat, and a woman's head. The sides are filled with various food items like corn, pumpkins, and bread. At the bottom, from left to right, are a man in a hat, a woman in a headscarf, and a man in a hat.

FOOD SAVING AND SHARING

Telling How the Older
Children of America
May Help Save
- from Famine -
Their Comrades
in Allied Lands
Across the Sea

Prepared under the
direction of
**THE UNITED STATES
FOOD ADMINISTRATION**
in cooperation with
**THE UNITED STATES DEPARTMENT
OF AGRICULTURE AND
THE BUREAU OF EDUCATION**

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FOREWORD

The National Education Association, at its annual meeting, July, 1918, adopted a resolution calling upon the United States Food Administration to "prepare in a form suitable for use in public schools, and particularly in the upper grades, lessons and material supplementary to existing courses, which will promote the program of food conservation."

In response to this request this little book has been prepared. It was written by Eva March Tappan, assisted by Alice Peloubet Norton, editor of the *Journal of Home Economics*; Henrietta W. Calvin, Specialist in Home Economics, Bureau of Education; C. F. Langworthy, Chief of the Office of Home Economics, Department of Agriculture; and Sarah Louise Arnold, Dean of Simmons College. It has been read and approved by H. C. Sherman, Professor of Food Chemistry, Columbia University.

The manner in which the book can be used most advantageously will be determined by the teacher and by local conditions. It is believed that the information contained in it may properly be included in the instruction of American children at the present time. This information will enable the children to contribute intelligently to the success of the government food cam-

paign, and thus aid greatly in the relief of the millions now dependent for their food upon the good will of the people of America.

The United States Food Administration is grateful to the teachers for their loyal coöperation.

OLIN TEMPLIN

Director of School and College Activities

November 1, 1918.

To the Girls and Boys of America:

Now that the terrible war is over, you must be glad that you helped to win it by saving food for our soldiers and our unhappy friends across the sea. But our work of feeding hungry people is now to be greater than it has ever been. Many millions of people have been made free by our victory, but they are in the greatest danger of death from starvation. They look to America for food until the next harvest.

We must go on saving and sharing with them as faithfully as ever. And of course you will want to do your part as you have been doing it. To save the world from famine will be a greater task than any of us can imagine, but we can do it if each of us does all he can. I am counting on you.

Faithfully yours,

HERBERT HOOVER.

GRACE AT TABLE

1918

*Here we gather, dear All-Father,
Round Thy table to be fed.
'Tis Thy gift, — our daily bread.*

*As we gather to be fed,
Nations plead for daily bread,—
Fighting son and anguished mother,
Orphaned children,— all together
Pray to thee for daily bread.
At Thy common table, Father,
Ask we all for daily bread.*

*God, All-Father, hear our prayer!
Move our hearts and minds to share
With Thy children at Thy table
This, Thy gift of daily bread,—
Sacred gift of daily bread!*

*Lest they perish, swift and eager
Share we now our daily bread.
Give through us, O great All-Father,
To Thy children, daily bread!*

SARAH LOUISE ARNOLD