

**HOCKEY AS A  
GAME  
FOR WOMEN**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649420681

Hockey as a Game for Women by Edith Thompson

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.  
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

[www.triestepublishing.com](http://www.triestepublishing.com)

**EDITH THOMPSON**

**HOCKEY AS A  
GAME  
FOR WOMEN**



**THE WALLET SERIES OF HANDBOOKS.**

*Fcap. 8vo., cloth, 2s. each net; paper, 1s. each net.*

**THE MANAGEMENT OF BABIES.**

By MRS. LEONARD HILL.

**ON COLLECTING MINIATURES, ENAMELS,  
AND JEWELLERY.**

By ROBERT ELWARD.

**MOTORING FOR MODERATE INCOMES.**

By H. R. REYNOLDS.

**ON TAKING A HOUSE.**

By W. BEACH THOMAS

**COMMON AILMENTS AND ACCIDENTS, AND  
THEIR TREATMENT.**

By M. H. NAYLOR, M.B., B.S.

**ON COLLECTING ENGRAVINGS, POTTERY,  
PORCELAIN, GLASS, AND SILVER.**

By ROBERT ELWARD.

**ELECTRIC LIGHTING FOR THE  
INEXPERIENCED.**

By HUBERT WALTER.

**HOCKEY AS A GAME FOR WOMEN.  
With the New Rules.**

By EDITH THOMPSON.

**DRESS OUTFITS FOR ABROAD.**

By ARDERN HOLT.

**WATER-COLOUR PAINTING.**

By MARY L. BREAKELL.

LONDON: EDWARD ARNOLD, 41 & 43 MADDOX STREET, W.

The Wallet Series

HOCKEY AS A GAME  
FOR WOMEN

BY  
EDITH THOMPSON

SECOND EDITION

UNIV. OF  
CALIFORNIA

LONDON  
EDWARD ARNOLD  
41 & 43 MADDOX STREET, W.

1905

[All rights reserved]

S  
A.  
S

## PREFACE

It is, fortunately, no longer necessary to speak apologetically of the girl who is fond of outdoor games. She is now a recognized personality of the twentieth century ; and this being so, we may perhaps admit that time has done a good deal towards smoothing down some of her rough edges—for the athletic woman of twenty years ago was really rather a terrible person.

The devotees of hockey have had a good deal of opposition to surmount, for it was declared 'unlady-like and dangerous' long after golf had been condoned, but during the last few years most people have become reconciled to the game. The best way of treating the remnant who still consider the lady hockey-player 'unsexed' is to take them to watch a first-class match. They will probably be much surprised to find that the players are dressed neatly and becomingly, that their skirts are not indecently short, and that they do not shout nor knock each other down, and from that day forward they will say little more to the discredit of the game. As for the

dangers of hockey, they are reduced to a minimum if the rules are adhered to and the game played properly. 'Mixed' hockey—a game in which both men and women take part—is undoubtedly dangerous, as well as being simply a burlesque of the real game, and the associations governing both the men's and women's game have steadily discouraged it.

Hockey cannot, of course, be recommended for those who are delicate, as it must entail a considerable amount of exertion, but for the average girl there is no doubt but that it is excellent exercise, and that both mentally and physically she will greatly benefit by a good game once or twice a week—always providing that she be suitably dressed, and takes ordinary precautions to avoid cold and overfatigue. Of late years it has been very generally recognized that combined games of some sort should form an important part of the curriculum of every good girls' school, as they have always done in boys' schools. Schoolmasters and all interested in education have testified over and over again to the good effects on boys of cricket, football, and games of the kind, and that the practice of these tends indubitably to encourage self-control, self-reliance without undue confidence, unselfishness, and good-fellowship.

Although it was discovered long ago that all work



PREFACE

v

and no play made Jack a dull boy, it has, apparently, only just occurred to the authorities that subjecting Jill to the same course of treatment tends to a like result. But now that they are alive to this fact, everything possible is being done to promote athletics among girls. Experience has proved that hockey is, on the whole, the game best suited to them, and most likely to engender the qualities enumerated above, although for the summer months cricket has been found an excellent substitute. That interest in the game, apart from the various schools and colleges, is steadily on the increase seems conclusively proved by the fact that more than 3,000 people witnessed the last international match between the ladies of England and Scotland. Much of the good esteem in which hockey is now held may be attributed to the wise rule of the various Ladies' Hockey Associations, which have shown considerable tact and discretion in dealing with the questions that from time to time have come before them.

E. T.



# CONTENTS

## CHAPTER I

### THE GROWTH OF THE GAME

	PAGE
Origin of the modern game—Early attempts at organization—English team in Dublin—Irish team at Brighton—Formation of the A.E.W.H.A.—International matches—North v. South—Formation of Northern and Midland Associations—County teams started—Welsh and Scottish Associations formed—Official organ of the A.E.W.H.A.—Affiliation of Western and Southern Associations—Present position of the A.E.W.H.A.—Progress in Ireland—Hockey in Holland - - - - -	1

## CHAPTER II

### EQUIPMENT AND DRESS

Outfit and general expenses—The stick : how to choose and take care of it—Uniform : directions as to dress, boots, pads, gloves, etc.—The bag - - - - -	9
---	---

## CHAPTER III

### THE RULES

The rules of the game, with plan of a hockey-ground, showing the position of the players at the bully-off—Explanation of some of the rules - - - - -	16
--	----

## CHAPTER IV

### THE GAME AS A WHOLE

The appearance of the ground—Positions on the field—Points to notice in a game—Necessary qualifications for a player—Difficulties of the game—The stroke—Stopping the ball—Dribbling—Tackling—The importance of combination - - - - -	27
---	----