

**WHAT A YOUNG  
GIRL  
OUGHT TO KNOW**

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What a Young Girl Ought to Know by Mrs. Mary Wood-Allen

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**MRS. MARY WOOD-ALLEN**

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GIRL  
OUGHT TO KNOW**



Commenda-  
tions from :  
Eminent ::  
Men and ::  
Women ::



What a Young Girl  
Ought to Know

COMMENDED BY MISS F. E. WILLARD  
The Eminent American Temperance Worker



FRANCES E. WILLARD

Late President World's and National Woman's  
Christian Temperance Union.

"Among the many indications of the age that are full of encouragement to the reformer, none outranks the quickened interest of our people in teaching the young those sacred 'origins' which, above everything, they ought to know, and because of their ignorance of which thousands are marred in their moral being who might have been strong, pure and happy. I do earnestly hope that this book, founded on a strictly scientific, but not forgetting a strong ethical basis, may be widely read by the dear girls in their teens and the young women in their homes."

COMMENDED BY AMELIA YEOMANS  
The Eminent Canadian Temperance Worker



AMELIA YEOMANS, M. D.

Vice-President Dominion W. C. T. U.

"This book constitutes a contribution to preventive social purity literature for which the public may well be grateful. Our daughters will, by such instruction, be prepared for a high and holy motherhood, and what is put in the mothers must reappear in the men and women of the future. I would advise mothers to obtain this book, studying it carefully themselves before placing it in the hands of their daughters."

COMMENDED BY MRS. STEVENSON  
The Eminent American Temperance Worker



MRS. KATHARINE LENTE STEVENSON  
Corresponding Secretary National W. C. T. U.

"There can hardly be too many additions to the line of literature which touches the vital problem of life in its relation to the young, provided that literature be of the right kind. 'What a Young Girl Ought to Know,' is strong, direct, pure, as healthy as a breeze from the mountain top. It cannot fail to bring inspiration and a new ideal of life to the young girl who may read it. Its statement of facts is clear and delicate. It is a book which any mother may safely put into the hands of her daughter."



COMMENDED BY MRS. I. M. ALDEN  
The Eminent American Author



MRS. ISABELLA MACDONALD ALDEN

"Pansy," the Eminent Author.

"'What a Young Girl Ought to Know'  
is a book that mothers cannot afford to be  
without. It is just the book needed to  
teach what most people do not know how  
to teach, being scientific yet simple, and  
plain-spoken yet delicate. 'Blessed are  
the pure in heart,' said the Master, and  
blessed must they be who enforce this  
teaching."

COMMENDED BY E. M. WHITTEMORE  
The Eminent American Christian Worker



MRS. E. M. WHITTEMORE

Founder of the Door of Hope, New York City.

"Most heartily should this book be endorsed, not only for its purity of thought, but for the great tact and wisdom used in so delicately handling a matter of such sacred import, and may God indeed bless it far and wide. Especially may He bless it to young mothers in aiding them to more fully realize their solemn responsibility in the training of their children, and in like purity enable them thus to unfold all necessary knowledge pertaining to that which naturally appears so mysterious to the mind of a child."

COMMENDED BY MRS. E. B. GRANNIS  
The Eminent American Christian Worker



MRS. ELIZABETH B. GRANNIS

President National Christian League for the  
Promotion of Social Purity.

"These facts ought to be judiciously brought to the intelligence of every child whenever it asks questions concerning its own origin. I have greatly enjoyed the simplicity of your statements and illustrations. I would that every parent might read this volume with their children, and manifest sufficient intimate acquaintance with them to answer every honest query of the child with a frankness similar to that which you have shown in writing these letters."