

**URIC ACID: AN
EPITOME OF
THE SUBJECT**

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Uric Acid: An Epitome of the Subject by Alexander Haig

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ALEXANDER HAIG

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THE SUBJECT**

URIC ACID

AN EPITOME OF THE SUBJECT

BY

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Training and Athletics"*

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PREFACE TO EPITOME OF URIC ACID.

THIS little book has been produced in response to a request from many members of the profession for a short statement which they could place in the hands of their friends or pupils to give them an idea what uric acid stands for to-day in clinical medicine.

I trust it may answer this purpose ; but I would remind all who wish to get a really useful grasp of the subject that they must not only study the larger volume, but must repeat on themselves and their patients many of the observations there given. Only in this way can they really understand how uric acid controls the circulation, and all that depends on it from the day of birth to the hour of death, and has thus a far more powerful

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influence than any other single factor in the causation of "disease."

This influence can to-day be seen in action, and those who wish to understand the matter must see it for themselves.

The fact that many troubles which have been dignified by special names are mere symptoms of food poisoning will then be self evident.

7, BROOK STREET, W.

May, 1904.

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URIC ACID.

AN EPITOME OF THE SUBJECT.

CHAPTER I.

OUTLINE OF HISTORY.

It was in the year 1882 that I began to investigate the periodic headache from which I had suffered all my life, and from which up to that time I had not obtained any kind of relief. After numerous drugs had been given up in disgust, I began to try alterations of diet, and I eventually found that as I diminished the use of animal flesh I suffered less frequently and less severely. This headache had been to me for many years a serious matter, for during practically the whole of my student career both at Oxford and in London, I lost from one and a half to two days almost every week