

**REPORTS OF THE TRUSTEES, RESIDENT  
OFFICERS AND VISITING COMMITTEE  
OF THE MAINE INSANE HOSPITAL  
AND EASTERN MAINE INSANE  
HOSPITAL, DECEMBER 1, 1901**

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Reports of the Trustees, Resident Officers and Visiting Committee of the Maine Insane Hospital and Eastern Maine Insane Hospital, December 1, 1901 by Various

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**VARIOUS**

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OF THE MAINE INSANE HOSPITAL  
AND EASTERN MAINE INSANE  
HOSPITAL, DECEMBER 1, 1901**



REPORTS

OF THE

TRUSTEES, RESIDENT OFFICERS AND  
VISITING COMMITTEE

OF THE

MAINE INSANE HOSPITAL (*Augusta*)

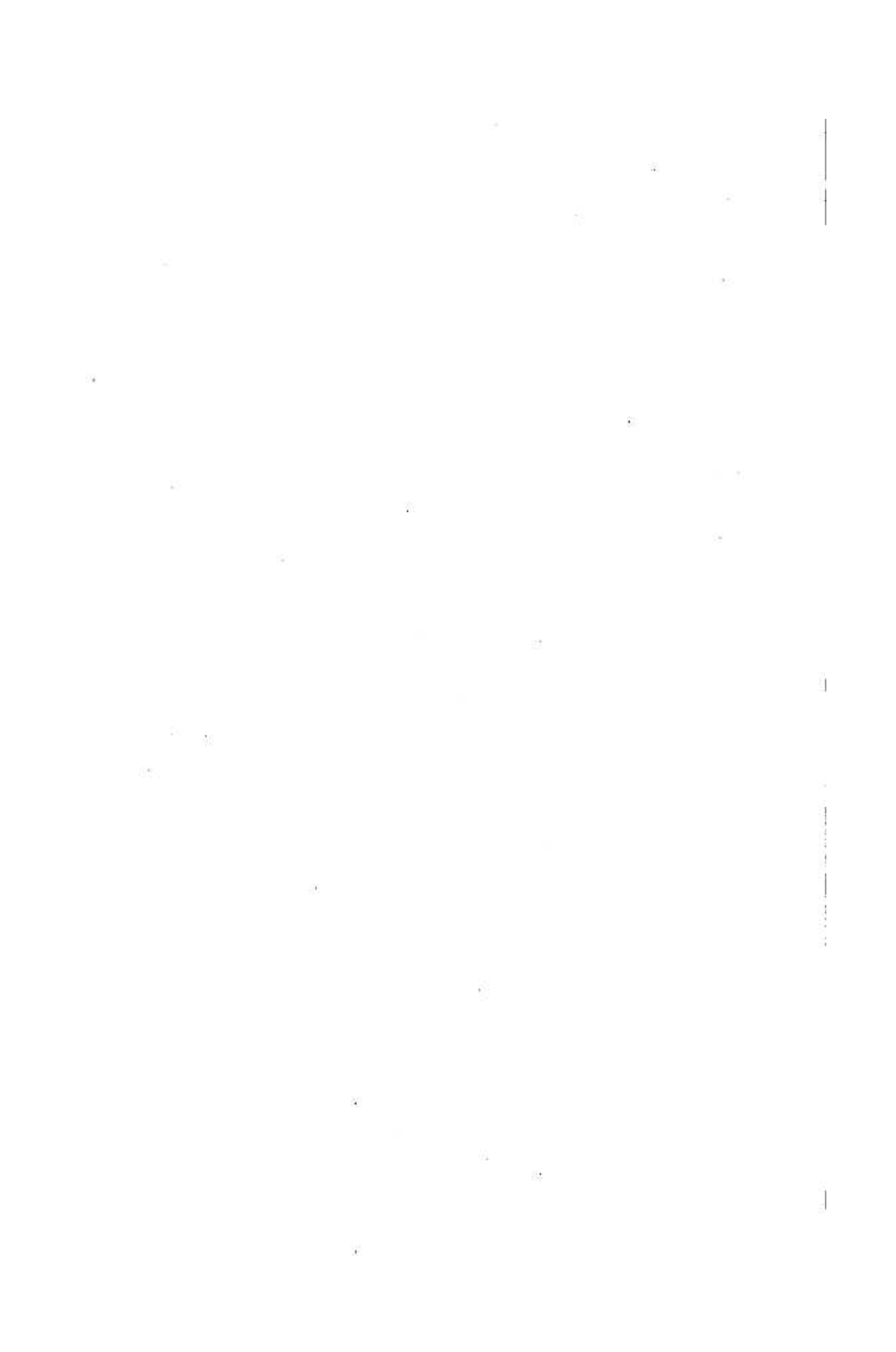
AND

Eastern Maine Insane Hospital (*Bangor*)

DECEMBER 1, 1901.

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AUGUSTA  
KENNEBEC JOURNAL PRINT  
1902



## OFFICERS FOR 1901-1902.

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### Trustees.

FREDERICK ROBIE, M. D., GORHAM, President.  
H. T. POWERS, FORT FAIRFIELD, Secretary.  
MRS. J. B. SMITH, LITCHFIELD.  
CHARLES S. PEARL, BANGOR.  
P. O. VICKERY, AUGUSTA.  
THOMAS WHITE, BANGOR.  
SIDNEY M. BIRD, ROCKLAND.

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### Resident Officers.

BIGELOW T. SANBORN, M. D., Superintendent.  
HORACE B. HILL, M. D., Assistant Superintendent.  
H. L. HORSMAN, M. D., Second Assistant.  
H. K. STINSON, M. D., Third Assistant.  
GERTRUDE E. HEATH, M. D., Fourth Assistant.  
MANNING S. CAMPBELL, Steward and Treasurer.  
ALICE G. TWITCHELL, Matron.  
G. R. CAMPBELL, M. D., Pathologist and Bacteriologist.

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### Chaplains for 1902.

REV. C. A. HAYDEN, Augusta.  
REV. B. P. HOPE, Augusta.  
REV. H. E. DUNNACK, Augusta.  
REV. C. W. DOHERTY, Augusta.

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### Subordinate Officers.

JOHN A. GETCHELL, Hospital Clerk.  
M. F. MOORE, Assistant Hospital Clerk.  
R. T. O'CONNELL, Second Assistant Hospital Clerk.  
WARREN P. DOUGHTY, Superintendent's Clerk.  
FRED HARDEN, Store Clerk.

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### Supervisors.

MALE.	FEMALE.
VERMONT R. LUCE.	MRS. ANNIE D. MCLEAN.
GEORGE E. KIMBALL, First Assistant.	MISS MARIA H. MCFREE, Assistant.
CHARLES H. DAVIS, Second Assistant.	

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### Women's Pavilion.

MISS MARY H. CLARK.  
MISS HELEN M. REED, Assistant.

### Men's Pavilion.

OLIN B. HUNKEWELL.  
HENRY W. PLACE, Assistant.

W. L. SAMPSON, Engineer.                      W. H. ALLEN, Florist and Gardener.  
HORACE B. CONY, Farm Superintendent.

### **Standing Committees for 1901-1902.**

- On Conference with Legislative Committee—Robie, Vickery and White.
  - On Finance—Vickery, White and Bird.
  - On Buildings and Improvements—Bird, Robie and Powers.
  - On Farm Stock and Outside Property—Field, Powers and Robie.
  - On Library—Mrs. Smith, White and Dr. Sanborn.
  - On Recreation and Amusement of Patients—Dr. Sanborn, Field and Mrs. Smith.
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### **Visiting Committee for 1902.**

- January—Robie, Mrs. Smith and Bird.
- February—Field, Vickery and White.
- March—Full Board.
- April—Robie, Field and Mrs. Smith.
- May—Bird, White and Field.
- June—Full Board.
- July—Robie, Vickery and Powers.
- August—Mrs. Smith, Bird and Powers.
- September—Full Board.
- October—Vickery, Powers and White.
- November—Robie, Bird and Mrs. Smith.
- December—Full Board.



## TRUSTEE'S REPORT.

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*To His Excellency, the Governor, and the Executive Council of the State of Maine:*

The Board of Trustees of the two Insane Hospitals of the State of Maine, one located in the city of Augusta, the other in Bangor, having attended to the official duties incumbent upon them, for the year ending November 30, 1901, would respectfully present for your consideration the following report:

The annual report of the condition of the oldest institution for the insane in our State gives evidence of another year of progress, and it is gratifying for us to state that nothing has occurred during this period, in the administration of its affairs, which has in any way impaired the beneficent influence which it has constantly exerted during the past sixty years; and we gratefully acknowledge the manifest and loving care of a kind Providence which has protected this Hospital during the past year from any epidemic disease or serious accident.

It has been the purpose of the members of the Board of Trustees to give the affairs of the Hospital careful attention in all of its departments in proportion to their importance. Each meeting of the Board during the year has been fully attended, and the best interests of the Hospital have been duly consulted. The policy of the institution since its dedication has been to make continuous improvements, in its various departments, as fast as its means would admit. Every effort has been constantly made to suffer no part of the material property to deteriorate, also imperfections in buildings have been remedied, and new and advanced conditions in heating, lighting and ventilating have been substituted for old methods. Sanitary demands for the best plumbing and best equipped sewerage have not been neglected, and all things necessary for the comfort of the inmates and the economic demands of the Hospital have been secured as fast as

its means would allow. Great care has always been used to make the outside surroundings of the Hospital inviting and attractive, and the aggregate oversight and labor of over half a century have produced well arranged grounds, pleasant and accessible walks, ornamented with lofty trees and beautiful shrubs and flowers. There is no superior institution of the kind in the United States. Our efforts during the past year have been directed along the same line and the farm, all the buildings and grounds are in a better condition than they have been at any previous year.

The several wards and connected apartments of the Hospital have been visited monthly by members of the Board of Trustees, and a written report made of the appearance of the same, and also of the names and condition of the inmates thereof. This report is preserved and thereby is the foundation laid for a complete history of the Hospital. Sufficient opportunity is given to each and every one of the inmates of the institution to offer any complaint, or make any suggestions about the Hospital management that such a person may desire to communicate. When we consider the large number of insane people that are domiciled here and there with an unstable and disturbed condition of mind, it would not be strange that there should be many cases of complaint, sometimes perhaps well founded, but we are happy to state that there has been but very few cases of complaint, and often have been made without reason. There has been a general expression of approval of the management and administration of the affairs of the Hospital from the mouths of a satisfied community for whose benefit the Institution was founded. The character and variety of the food, the generally inviting appearance of the tables, the cleanliness of the sleeping apartments, the careful demeanor, watchfulness and fidelity of the attendants at each of our monthly visits have given sufficient assurance that the inside administration of this Institution is worthy of commendation.

The superintendent of the Hospital has given to the Trustees a lengthy annual report containing material of much interest, and giving in detail a statement of the occurrences and transactions characterizing the past year. We also find the usual tables of statistics and information in regard to the medical, physical and hygienic treatment of the insane, and other important facts

worthy of careful consideration. We submit this valuable report and trust that it may be read by an interested public.

It is a source of gratification to notice that during the past year there has been a satisfactory showing in the results of hospital care and treatment of the insane of our State. Of the nine hundred and seventy-seven (977) patients who have been under treatment at the Augusta Hospital, sixty-six (66) have recovered, adding these to the number of patients who are improved, many of them greatly improved, we find that both classes aggregate one hundred and fifty-eight (158). This number would be considerably increased if we should add to it the names of those who are recovered or are improved of the one hundred and forty-five (145) patients who were transferred to the Bangor Hospital from Augusta. This result shows a comparative increase of recovery or betterment of the insane inmates of the Hospital at Augusta of sixty-three (63) over the statement made in the report of last year. The number of patients who have been admitted into the Hospital during the past year is two hundred and six (206). There has been a popular belief, in our State, that the rooms in our Hospital were filled, out of proportion, as one of the results of foreign immigration, and that the expense from such cause was burdensome. We find of the above increase that foreign nativity is represented by only twenty-four (24) individuals, and that one hundred and sixty-one (161) of this number are natives of the State of Maine. It is therefore a matter of pride and satisfaction that, while our doors are not shut to the unfortunate insane born in other lands, so large a number of our own dear people, wedded to our own soil as the land of their birth can find rest, comfort and perhaps recovery in one of our own institutions.

The number of deaths in the Hospital during the year has reached one hundred and two (102). This seems large but after an examination of the causes, we find but few acute and curable cases of sickness have resulted in death, while a long list of chronic and incurable cases which necessarily prove fatal are the cause of this mortuary result, the primary cause of which may have been in many instances a diseased mind.