

**LATERAL CURVATURE OF
THE SPINE AND
FLAT-FOOT, AND THEIR
TREATMENT BY EXERCISES**

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Lateral Curvature of the Spine and Flat-Foot, and Their Treatment by Exercises by J. S. Kellett
Smith

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J. S. KELLETT SMITH

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AND FLAT-FOOT.

AND
THEIR TREATMENT BY EXERCISES

BY
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TO
SIR WILLIAM PURDIE TRELOAR, BART.,
IN ADMIRATION OF HIS WORK
ON BEHALF OF
CRIPPLED CHILDREN.

P R E F A C E

THE scope of this book is quite definite, and is sufficiently described in the introductory chapter. Its chief object is to indicate, in what I hope to be a clear and concise manner, the steps necessary for the treatment of those cases of Spinal Curvature which are most likely to present themselves in general practice. High-grade skoliosis, and the method of making and fitting mechanical supports, come under a more advanced category, and are not dealt with in a preliminary work such as this.

Chapter X is embodied because I believe that it conveys several points of interest in the general treatment which the subjects of spinal curvature are likely to require.

I wish to express my thanks to Professor A. M. Paterson, Liverpool University, for the use of material difficult to obtain; and to Dr. F. Strong Heaney, for his kindness in reading and criticizing the manuscript.

J. S. KELLETT SMITH.

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