

**THE ROSICRUCIAN
MYSTERIES: AN
ELEMENTARY EXPOSITION
OF THEIR SECRET TEACHINGS**

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The Rosicrucian Mysteries: An Elementary Exposition of Their Secret Teachings by Max Heindel

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MAX HEINDEL

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THE
Rosicrucian Mysteries

An Elementary Exposition of
Their Secret Teachings

By

MAX HEINDEL

Author of: *The Rosicrucian Cosmo-Conception, The Rosicrucian
Philosophy in Questions and Answers, The Rosicru-
cian Interpretation of Christianity, Keys
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CHAPTER I.

The Order of Rosicrucians

AND THE

ROSICRUCIAN FELLOWSHIP

OUR MESSAGE AND MISSION

A Sane Mind

A Soft Heart

A Sound Body

Before entering upon an explanation of the teachings of the Rosicrucians, it may be well to say a word about them and about the place they hold in the evolution of humanity.

For reasons to be given later these teachings advocate the dualistic view; they hold that man is a spirit enfolding all the powers of God as the seed enfolds the plant, and that these powers are being slowly unfolded by a series of existences in a gradually improving earthy body; also that this process of development has been performed under the guidance of exalted beings who are yet ordering our steps, though in a decreasing

measure, as we gradually acquire intellect and will. These exalted Beings, though unseen to the physical eyes, are nevertheless potent factors in all affairs of life, and give to the various groups of humanity lessons which will most efficiently promote the growth of their spiritual powers. In fact, the earth may be likened to a vast training school in which there are pupils of varying age and ability as we find it in one of our own schools. There are the savages, living and worshipping under most primitive conditions, seeing in stick or stone a God. Then, as man progresses onwards and upwards in the scale of civilization, we find a higher and higher conception of Deity, which has flowered here in our Western World in the beautiful Christian religion that now furnishes our spiritual inspiration and incentive to improve.

These various religions have been given to each group of humanity by the exalted beings whom we know in the Christian religion as the Recording Angels, whose wonderful prevision enable them to view the trend of even so unstable a quantity as the human mind, and thus they are enabled to determine what steps are necessary to lead

our enfoldment along the lines congruous to the highest universal good.

When we study the history of the ancient nations we shall find that at about six hundred years B. C. a great spiritual wave had its inception on the Eastern shores of the Pacific Ocean where the great Confucian Religion accelerated the progress of the Chinese nation, then also the Religion of the Buddha commenced to win its millions of adherents in India, and still further West we have the lofty philosophy of Pythagoras. Each system was suited to the needs of the particular people to whom it was sent. Then came the period of the Sceptics, in Greece, and later, traveling westward the same spiritual wave is manifested as the Christian religion of the so-called "Dark Ages" when the dogma of a dominant church compelled belief from the whole of Western Europe.

It is a law in the universe that a wave of spiritual awakening is always followed by a period of doubting materialism, each phase is necessary in order that the spirit may receive equal development of heart and intellect without being carried too far in either direction. The Great Beings aforementioned, Who care for our progress, al-